



### PROGRAM AGENDA

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Time	Program Title	Location
7:30 – 8:30	Registration and Breakfast	
8:30 – 8:45	Welcoming Remarks	
8:45 – 9:30	<b>Dementia Care: Moving from Strategies to Implementation</b>  <b>Samir K. Sinha, MD DPhil FRCPC</b> <i>Peter and Shelagh Godsoe Chair in Geriatrics; Director of Geriatrics, Sinai Health System and the University Health Network; Associate Professor of Medicine, Health Policy, Management and Evaluation, University of Toronto; Assistant Professor of Medicine, Johns Hopkins University School of Medicine</i>  This presentation will help set the context around recent discussions around establishing dementia strategies and focus around how they can best enable us to improve the care of those living with dementia  <b>Learning Objectives</b> <ul style="list-style-type: none"><li>• Describe the provincial and federal roles that contribute towards dementia strategies</li><li>• Discuss why past dementia strategies have not had the desired impact</li><li>• Discuss the key enablers to improving dementia care</li></ul>	
9:30 – 10:15	<b>Legal Issues in Dementia- SDMs Duties when Making Substitute Decisions</b>  <b>Judith A Wahl, BA LLB</b> <i>Barrister and Solicitor, Wahl Elder Law</i>  This presentation will explain the duties of Substitute Decision Makers (SDMs) when making health decisions for an incapable person. It will also detail what health providers may do if they think that the SDM is not making decisions in accordance with the incapable patients prior capable wishes or when the SDM is not acting in the best interests of the patient.  <b>Learning Objectives</b> <ul style="list-style-type: none"><li>• Understand the legal duties of SDMs when making substitute decisions</li><li>• Analyze SDMs decisions to determine whether these comply with their duties</li><li>• Know what may be done if necessary to challenge SDMs decisions that are not in the best interests of patients</li></ul>	



## 2018 Alzheimer Symposium

### Enhancing Quality of Life Throughout the Dementia Journey

Friday May 4, 2018 | BMO Education & Conference Centre, Toronto

**10:15 – 10:35 Patient Story**

**10:35 – 11:00 Morning Break**

**11:00 – 12:00 Concurrent Workshop Session 1** (The following three workshops will run concurrently from 11:00 am to 12:00 pm and again in the afternoon from 1:00 pm to 2:00 pm)

#### **Workshop #1**

##### **Validation Communication**

**Rosemary Fiss, BAScMED**

*Manager of Education & Support Programs  
Alzheimer Society Windsor & Essex County (ASWE)*

This presentation will provide an overview of Validation Communication, and how to enhance communication with persons with dementia through its use.

#### **Learning Objectives**

- Differentiate between Reality Orientation and Validation
- Identify the key principles of Validation Communication
- Practice a validating conversation

#### **Workshop #2**

##### **Tips & Tricks – Practical Strategies for Working with Individuals with Responsive Behaviours**

**Jun Zheng, RN BScN**

*Geriatric Psychiatry Service, Toronto Rehab – University Health Network*

**Linda Ngo, RN BScN**

*Geriatric Psychiatry Service, Toronto Rehab – University Health Network*

**Michel Barbara Mauleon, BScN RPN**

*Behavioral Support Nurse, Lakeside Long Term Care Centre*

In this interactive workshop, frontline staff from the Geriatric Psychiatry Service at Toronto Rehab will be sharing techniques that are frequently used by nurses when assisting with tasks that tend to elicit responsive behaviours, including medication administration, incontinence care and dressing. The Behaviour Support Lead from Lakeside Long Term Care Centre will review several meaningful activities that are engaging, easy to implement, and can bring about attitude and culture changes within an institution.

- Demonstrate techniques that can be used to help with medication administration.
- Describe different types of adaptive clothing that can be used to assist with dressing/undressing.
- Describe how meaningful activities can be used to engage individuals with responsive behaviour and also produce culture change in LTC.



### **Workshop #3 Morning**

#### **Assessment of Cognition and Communication in Advanced Dementia**

**Amy Cockburn OT Reg. (Ont).**

*Occupational Therapist*

*Geriatric Psychiatry Service*

*Toronto Rehabilitation Institute, UHN*

**Stephanie Barraco, MHS Sc S-LP(C) Reg. CASLPO**

*Speech-Language Pathologist*

*Geriatric Rehab, Geriatric Psychiatry, and Acquired Brain Injury*

*Toronto Rehabilitation Institute, UHN*

This presentation will look at the rationale for assessing cognition and communication in advanced dementia. We will review specific assessment tools as well as techniques for optimizing client participation. We will examine the functional implications of domain-specific deficits, and review relevant compensatory strategies.

#### **Learning Objectives**

- Discuss the importance of assessing cognition and communication in clients with advanced dementia.
- List three assessment tools that are sensitive to changes in the advanced stages of dementia.
- Describe compensatory strategies related to deficits in specific domains of cognition and communication.

### **Workshop #3 Afternoon**

#### **A Palliative Approach to Supporting Individuals and Families Living with Late and End Stage Dementia**

**Dianna Drascic, RN MScN**

*Hospice Palliative Care Ontario; Assistant Professor (retired), Faculty of Health Science, McMaster University*

This session will discuss the common themes which emerge when individuals and families live with late and end stage dementia. Advance care planning, hospital admissions, the idea of starvation are some of issues which will be reviewed.

#### **Learning Objectives**

- Understand the importance of advance care planning with regard to dementia
- List the common themes that emerge in late and end stage dementia
- Address starvation and feeding tubes with regard to dementia
- Consider how to facilitate staff comfort in raising and addressing issues in their own setting



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**12:00 – 1:00 Lunch**

**1:00 – 2:00** *Concurrent Workshop Session 2 (Session 1 workshops are repeated again in Session 2 from 1:00 pm to 2:00 pm. See workshop descriptions & locations at 11:00 am above)*

**2:00 – 2:15 Afternoon Break**

**2:15 – 2:45 Law Reform for the Last Stages of Life: Preliminary Findings of the Law Commission of Ontario Consultations on Palliative Care, End of Life Care, and MAID in Ontario**

**Ryan Fitsch, LL.B LL.M**

*Project Lead, Law Commission of Ontario*

From June 2017 through March 2018, the Law Commission of Ontario undertook public consultations on laws which impact on palliative care, end of life care, and MAID across Ontario. Over 50 consultations sessions were convened and included some 550 participants. This presentation provides an overview of the LCO's preliminary findings from these consultations and identifies several potential areas for law reform.

#### **Learning Objectives**

- Identify key and intersecting legislation impacting palliative care, end of life care, and MAID in Ontario
- List contemporary legal questions arising from practical matters including advance care planning, withholding and withdrawing treatment, palliative sedation, dispute resolution, and supports for caregivers
- Review a range of proposals for law reform recommendations related to these and other issues

**2:45 – 4:00 Panel: Why Deprescribe Antipsychotics in Dementia? The Risks and Benefits, from Different Perspectives**

**Andrea Iaboni, MD DPhil FRCPC**

*Geriatric Psychiatrist, Toronto Rehabilitation Institute, University Health Network; Assistant Professor, University of Toronto*

**Leslie Giddens-Zuker, BA BSW MSW RSW**

*Geriatric Clinician, Toronto Western Hospital*

**Tommy Tam, MSc (Health Services Research)**

*Senior Methodologist, Health Quality Ontario*



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**Mario Tsokas, BSW, RSW**

*Psychogeriatric Resource Consultant*

*Psychogeriatric Resource Consultation Program of Toronto*

**Heather Zimcik, MD CCFP**

Academic Lead, Family Medicine, Toronto Rehab

Assistant Professor, Department of Family Medicine, University of Toronto

**Sherman Chiu, RPh, BScPhm., PharmD, BCGP**

Clinical Consultant Pharmacist, Medical Pharmacies Group Limited

Antipsychotics are commonly prescribed in older adults with dementia for the treatment of severe responsive behaviours. However, they are associated with serious side effects and risks, and there is concern that they may be over-prescribed or inappropriately prescribed in long term care settings. Antipsychotic use is thus considered an important indicator of quality of care. Deprescribing of antipsychotics is now considered a standard of care in this population, but this has also raised concerns about the risk of inappropriate stopping of antipsychotics and increased risk of violence. In this panel, we will set out the problem of antipsychotic use and deprescribing in long-term care, and discuss a multidisciplinary approach to the safe use and stopping of these medications.

**Learning Objectives**

- Describe the indications for use of antipsychotics in dementia, and the indications that a trial of deprescribing is warranted.
- Discuss the use of antipsychotic prescribing as a quality of care indicator in long-term care.
- Develop a multidisciplinary antipsychotic deprescribing plan.

**4:00**

**Closing Remarks**