

# MSK Spine Tools



Saturday, February 4, 2017  
Toronto Rehabilitation Institute  
2<sup>nd</sup> Floor Auditorium

## Course Objectives:

- 1) To implement the CORE BACK and NECK tool into office based primary care settings
- 2) To describe management strategies for patients with low back pain
- 3) To confidently examine the spine

Time	Program Title	Speaker
<b>8:00– 8:30</b>	<b>Registration and Continental Breakfast</b>	
<b>8:30 – 8:45</b>	Spinal Conditions: The Burden of Disease	Julia Alleyne
<b>8:45 – 9:45</b>	CORE Low Back Tool 2016 : Approach to Mechanical Low Back Pain	Hamilton Hall
<b>9:45 – 10:00</b>	Morning Nutrition Break	
<b>10:00 – 10:45</b>	Management of Low Back Pain by Pattern	Julia Alleyne Hamilton Hall
<b>10:45 – 11:45</b>	CORE Neck Tool 2016: Approach to Mechanical Neck Pain	Hamilton Hall
<b>11:45 – 12:00</b>	Demonstration of Physical Examination of the Spine	Julia Alleyne Hamilton Hall
<b>12:00 – 1:00</b>	<b>Lunch Break</b>	
<b>1:00 – 2:30</b>	Workshop #1 - Radiology and Referrals	Hamilton Hall
	Workshop #2 - Pharmacological Care	John Flannery
	Workshop #3 - Non-Pharmalogical Care	Julia Alleyne
<b>2:30 – 2:45</b>	<b>Afternoon Nutrition Break</b>	
<b>2:45 – 3:30</b>	Chronic Pain Management: The Executive Summary	John Flannery
<b>3:30 – 4:00</b>	Panel: Case Review of Back and Neck Pain	Julia Alleyne Hamilton Hall John Flannery
<b>4:00</b>	<b>Adjournment</b>	