

Canadian Musculoskeletal Conference (CMC) 2016

October 14-15, 2016

Toronto Marriott Downtown
Eaton Centre Hotel
525 Bay St, Toronto, ON, M5G 2L2

Register Online by October 11, 2016:
www.canadianmskconferences.com

Osteoporosis specialists • Endocrinologists • Rheumatologists • Geriatricians • Family physicians • Internists • Radiologists • Orthopedic surgeons • Nurses • Technologists • Physiotherapists • Exercise specialists • Other Allied Health professionals

A practical 1.5-day program designed for educating specialists, family physicians and health professionals on musculoskeletal health

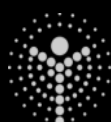
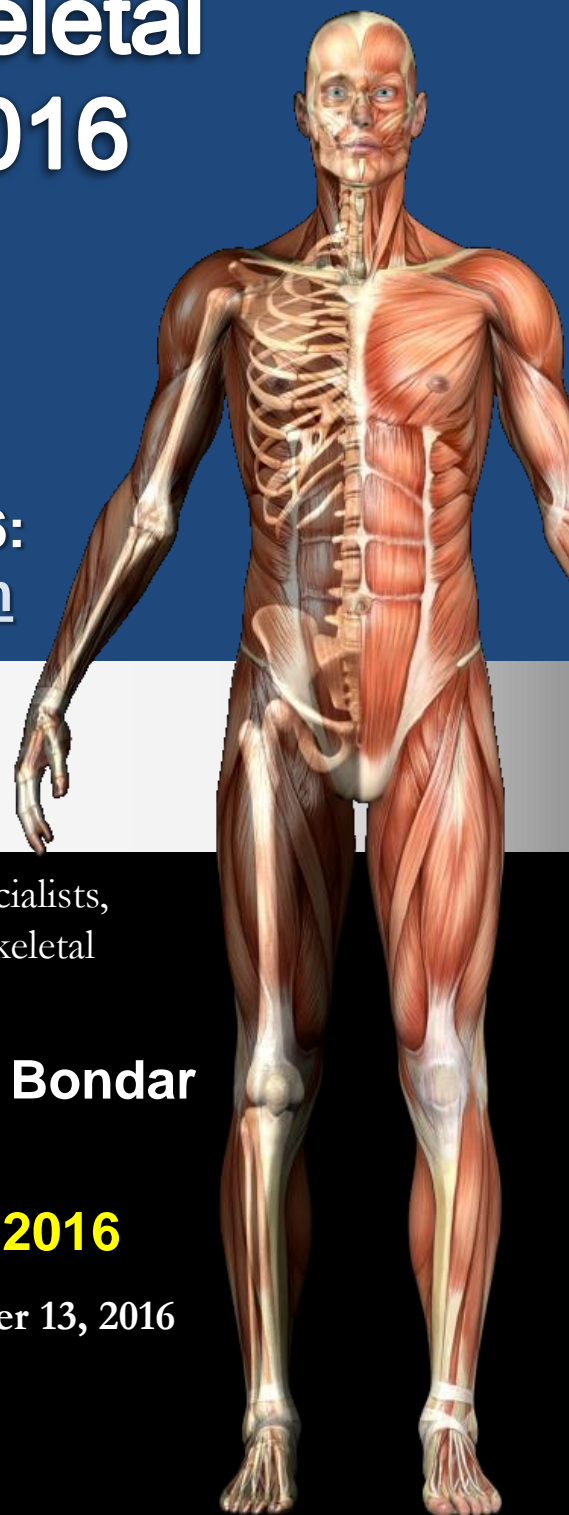
Special Guest Speaker: Dr. Roberta Bondar
(Canada's first woman up in space)

Early Bird Deadline: September 30, 2016

- ❖ CMC Young Investigator's Training Day on October 13, 2016
- ❖ Bone Fit™ Course on October 15 and 16, 2016
- ❖ OAMRS - ISCD Bone Densitometry Course on October 15 and 16, 2016

CMC-Osteoporosis Canada Award for Best Young Investigator Abstract

- ❖ Value \$500 and featured on Osteoporosis Canada's website
- ❖ Abstract submission deadline has past



Osteoporosis Canada
Ostéoporose Canada

CESHA
Centre of Excellence in Skeletal Health Assessment



Canadian Musculoskeletal Conference (CMC) Co-Chairs: Jonathan D. Adachi, Alan Bell, Heather Frame, Suzanne Morin, Lynn Nash

October 14, 2016

TIME	AGENDA ITEM		
7:30 – 8:30	Registration & Continental Breakfast		
8:30 – 8:45	Introductions of Co-chairs -- <i>Angela Cheung</i>		
8:45 – 9:00	Welcome -- <i>Famida Jiwa</i>		
9:00 – 9:30	New Osteoporosis Guidelines – Long-Term care, Exercise, Vertebral Fracture Screening and Atypical Femoral Fractures -- <i>Suzanne Morin</i>		
9:30 – 10:00	Falls and Fall Prevention -- <i>Stephen Robinovitch</i>		
10:00 – 10:30	Current Evidence re: Osteoporosis Drug Therapies and Drug Holidays -- <i>Jacques Brown</i>		
10:30 – 11:00	Break		
11:00 – 11:30	Atypical Femur Fractures -- <i>Angela Cheung</i>		
11:30 – 12:00	Updates from ASBMR 2016 -- <i>David Kendler</i>		
12:00 – 12:30	<i>Special Guest Lecture: Standing Up to Gravity ~ A Delicate Balance</i> -- <i>Roberta Bondar</i>		
12:30 – 1:30	Lunch		
1:30 – 3:00	Track I	Track II	Track III
1:30 – 2:00	Trabecular Bone Score (TBS) for Fracture Risk Assessment -- <i>Bill Leslie</i>	Premenopausal Osteoporosis -- <i>Sandra Kim</i>	Physiotherapy, Yoga and Other Activities for Osteoarthritis -- <i>Monica Maly</i>
2:00 – 2:30	Update on Fibrodysplasia -- <i>Stephanie Kaiser</i>	Exercises for Osteoporosis and Fall Prevention: Practical Tips for Clinicians -- <i>Lora Giangregorio</i>	Using DXA for Body Composition, TBS, Detection of AFFs -- <i>Anita Colquhoun</i>
2:30 – 3:00	Vertebroplasty, Kyphoplasty and Other Procedures to Relieve Back Pain -- <i>Kieran Murphy</i>	Top 10 FAQs in Osteoporosis Care -- <i>Marla Shapiro</i>	Practical Tips for Joint Injections -- <i>Laurence Rubin</i>
3:00 – 3:30	Break		
3:30 – 5:00	Track I	Track II	Track III
3:30 – 4:00	Bone Biopsies: When to Refer and What to Expect from Report -- <i>Louis-Georges Ste-Marie</i>	Interpreting Back Exam: Differentiating OP Fractures from OA in the Office -- <i>Heather McDonald-Blumer</i>	Tai Chi for Health (<i>requires participation</i>)
4:00 – 4:30	Parathyroid bone Disease -- <i>Aliya Khan</i>	Nutrition for Bone and Muscle Health with Aging -- <i>Wendy Ward</i>	
4:30 – 5:00	Role of Platelet Rich Plasma, Bone Marrow Concentrate, and stem cells for bone and muscle repair -- <i>Gordon Ko</i>	Hormone Therapy for Bone and Muscle Health -- <i>Christine Derzko</i>	
5:00	End of Day 1		

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October 15, 2016

TIME	AGENDA ITEM
8:00 – 8:30	Registration & Continental Breakfast
9:00 – 9:30	Current Thinking on Osteoarthritis – Who Should be Referred for Joint Replacement? New Therapies -- <i>Raja Rampersaud</i>
9:30 – 10:00	Advances in Musculoskeletal Imaging -- <i>Linda Probyn</i>
10:00 – 10:30	Assessment of Frailty in Clinical Care -- <i>Alexandra Papaianou</i>
10:30 – 11:00	Break
11:00 – 11:30	Dysmobility Syndrome: The Future of Fracture Risk Reduction -- <i>Neil Binkley</i>
11:30 – 12:00	Pain Management: Medical Cannabis and More Traditional Options -- <i>Hance Clarke</i>
12:00 – 12:30	New Therapies in Osteoporosis, Sarcopenia and Osteoarthritis -- <i>Jonathan D. Adachi</i>
12:30	Closing Remarks