CHILDREN
in the Heart of
the MATTER

19th Annual Conference

January 15 & 16, 2016

Bell Performing Arts Centre
6250 144 Street
Surrey, BC
This conference will be of interest to all those who work with young children and families in child care settings, family resource programs, StrongStart programs and other community programs.
The conference planning committee is comprised of a group of individuals from the community working in the field of Early Care and Learning. Committee members and staff contribute many hours in preparation to ensure this is a well-planned and organized conference. Through provincial funding and the dedication of the committee, we are able to maintain the affordability of the conference for care providers and other professionals working with young children.

2016 CONFERENCE CO-CHAIRS

**Sherrie Jamieson**, Manager, Early Intervention Reach Child and Youth Development Society  
**Ruth Beardsley**, Senior Manager Options Community Services

2016 CONFERENCE PLANNING COMMITTEE

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CONFERENSE OVERVIEW

Friday, January 15

6:30 p.m. to 10:00 p.m.  Marketplace Open
6:30 p.m. to 7:30 p.m.  Registration Open
6:30 p.m. to 7:15 p.m.  Conference Welcome Reception
7:30 p.m. to 9:30 p.m.  Keynote Address by Dr. Adele Diamond

WELCOME RECEPTION

Please join us for our opening reception on Friday at 6:30 p.m. This informal gathering will feature some light appetizers, live music and a chance to catch up with old friends and colleagues as well as meet some new ones.

This is a great time to visit our vendors and community displays in our Marketplace as well!

Visit Our Website
http://www.childcareoptions.ca/ and click on Children the Heart of the Matter

Follow Us on Twitter
http://www.twitter.com/chcareoptions

Follow Us on Facebook
http://www.facebook.com childcareoptionsccrr
Saturday, January 16

8:00 a.m. to 3:30 p.m.  Registration Open
8:00 a.m. to 1:30 p.m.  Marketplace Open
9:00 a.m. to 9:15 am  Conference Welcome
9:15 a.m. to 10:15 am  Keynote Address by Dr. Vanessa Lapointe
10:45 a.m. to 12:45 p.m.  A.M. Session Workshops
12:45 p.m. to 1:45 p.m.  Lunch in the Gym
1:45 p.m. to 3:45 p.m.  P.M. Session Workshops
3:45 p.m.  Conference Close

VISIT THE MARKETPLACE

Be sure to stop by the Marketplace for a look at the latest toys, equipment and materials available in the early care and learning field!

Also in the Marketplace, be sure to visit our community resource tables and get connected with the resources available in your area.

Please note: there is no ATM located on the premises.
Keynote Speaker

Child Development and the Brain - What Every Child Needs to Succeed

What do you want for your child? Health? Happiness? A successful life? Of course, you hope for all of these.

Dr. Adele Diamond tells us that the keys to success in life include creativity, flexibility, problem-solving, self-control, and discipline. Our brains are wired with the basics needed for these skills. Whether children have these skills predicts their achievement, health, wealth, and happiness throughout life. The brain does not recognize the same sharp division between cognitive, emotional, social, and motor function that we impose in our thinking. Dr. Diamond will explain in her talk why the most effective way to improve academic achievement is probably not to focus narrowly on academic instruction alone, but to address children’s social, emotional, and physical needs as well. Come and learn what brain science says about how to help your child thrive.

Adele Diamond is the Tier 1 Canada Research Chair Professor of Developmental Cognitive Neuroscience at the University of British Columbia in Vancouver, BC, Canada, a member of the Royal Society of Canada, and was recently listed as one the 15 most influential neuroscientists.

One of the pioneers in the field of Developmental Cognitive Neuroscience, Prof. Diamond is at the forefront of research on executive functions. Executive functions include ‘thinking outside the box’ (cognitive flexibility), mentally relating ideas and facts (working memory), and giving considered responses rather than impulsive ones, resisting temptations and staying focused (inhibitory control, including selective attention). She has made discoveries that have improved treatment for medical disorders (PKU and ADHD) and impacted early education, improving the lives of thousands of children. Her work has shown that executive functions can be improved at any age, even in the very young. Recently Prof. Diamond has turned her attention to the possible roles of traditional activities, such as music and dance, in improving executive functions, academic outcomes, and mental health.

She was educated at Swarthmore (B.A., Phi Beta Kappa), Harvard (Ph.D.), and Yale (postdoc). Her many awards include the Bronfenbrenner Award for Lifetime Contributions to Developmental Psychology in the Service of Science and Society from the American Psychological Assoc., the Inaugural Distinguished Achievement Award for Service to the Community from the Faculty of Medicine at UBC, named a “Woman of Distinction” by the YWCA, and named one of the “2000 Outstanding Women of the 20th Century.”
Keynote Speaker
SEE it, FEEL it, BE it

So often we are encouraged as big people to grab hold of a specific strategy or to follow a prescribed list of guidelines to grow up the children entrusted to our care in the best possible way. But what would it be like to just BE? What would it be like to rely primarily on the intuition of your heart to do right by children? What would it be like if you could just SEE what a child was doing, FEEL in that moment what was happening, and then BE what was needed? In this age of information, knowledge, and cutting edge research, we are bombarded with the greatest, best, next big thing constantly. And while we certainly want to grab a hold of the knowledge available to us, what can become lost in this sea of details is the heart of a child. SEE it FEEL it BE it is the call to action for big people everywhere to grow children up from the heart! Discover what this takes, what it looks like, and the remarkable impact this can have on the developing child.

Dr. Vanessa Lapointe is the author of Discipline without Damage: How to get your kids to behave without messing them up! As a registered psychologist who has been supporting families and children for over 15 years, Dr. Vanessa’s passion is in walking alongside parents, teachers, care providers, educators, and other big people to really see the world through the child’s eyes. Dr. Vanessa believes if we can do this, we are beautifully positioned to grow up children in the best possible way.

A regularly invited educator, speaker, and a consultant to research projects and various organizations promoting emotional health and development, Dr. Vanessa seeks to champion children and their big people in giving kids the best chance.
Workshop Overview

A.M. SESSION

A1 Remembering to Play: Inspiring Joy, Freedom, and Self-Care
   Vince Gowmon

A2 Trauma Informed Practice and the Science of Early Childhood Development: Building Connections, Building Healthy Brains
   Kim Hetherington

A3 Communicating with Parents from Diverse Cultures
   Judith Colbert

A4 Digitizing Ourselves to Death
   Benjamin Wong

A5 Using Children’s Literature to Nurture Social and Emotional Development
   Andrea Dawson

A6 Inexpensive Dramatic Play Environments
   George Melzer

A7 Nature Education in an Early Childhood Education Context
   Heather Fraser, Rachel Philips & Daniela McDonald

A8 Storytimes Using Magic Tricks & Props
   Susan Andrews

A9 Light and Shadow and the Pedagogy of the Power of Wonder
   Violet Jessen & Anabella Cant

A10 Fairies Build Community
   Maureen Wagner

A11 Playful Ways to Improve the Brain’s Executive Functions
   Dr. Adele Diamond

P.M. SESSION

P1 “That Child is SO Frustrating”: Building Cooperation and Respect Through Attachment
   Kate Pinsonneault

P2 Sing and Sign With Me Volume 1
   Kim Brown

P3 Anger and Eruptions: Understanding Anger and What to Do About It
   Rebecca Mitchell

P4 Responsive Curriculum: A Collaborative and Supportive Approach
   Paula Milbradt

P5 Supporting Communication Development in a Child Care Setting
   Amanda Lenk

P6 Emotional, Social and Prosocial Development
   Jan Blaxall

P7 Professionalism and Care Based Practice
   Charlene Gray

P8 Everything you Always Wanted to Know About the $10 a Day Child Care Plan
   Lynell Anderson & Sharon Gregson

P9 Light and Shadow and the Pedagogy of the Power of Wonder
   Violet Jessen & Anabella Cant

P10 Fairies Build Community
   Maureen Wagner

P11 When Goodbye is Too Hard
   Dr. Vanessa Lapointe

The views and opinions of presenters do not necessarily reflect those of the Children the Heart of the Matter conference committee.
Play is the language of children, and it is the vehicle through which they learn and understand our world. To educate and support children, we must learn to speak their language by remembering to play ourselves. 

“Remembering to Play” is a fun and interactive playshop that supports you to remember the wisdom of a child’s mindset and the importance of levity and joyful authentic expression as cornerstones for educated, healthy and productive living. Benefits include: exploring the principle of “Yes And” as a means of creatively engaging and being receptive to others, being present, being open and flexible, looking for possibilities and expanding creativity, illuminating limiting beliefs and assumptions, self-care, learning fun games for children, and much, much more!

Vince Gowmon

Vince Gowmon is the founder of Remembering to Play Events and the author of Let the Fire Burn ~ Nurturing the Creative Spirit of Children. He leads keynotes and playshops for organizations, conferences and communities on topics such as Leadership, Communication, Creativity, Community Engagement and Play. His events are fun and interactive, leaving people inspired and with practical tools for work and life. He also provides individual and team coaching in person, on the phone and via Skype on all personal and professional matters. For complete information on Vince and his services please visit www.vincegowmon.com.

Virginia

This workshop will provide an introduction to Trauma Informed Practice through the lens of the emerging science of what supports healthy brain development and what can derail brain development. We will review definitions and types of trauma, provide an overview of key experiences needed to support healthy brain development, and discuss how traumatic stress has a disproportionate impact during sensitive periods of brain development which may lead to an over-reactive stress response. This workshop will provide an introduction to approaches that have been demonstrated to be helpful in supporting a child who has experienced developmental trauma and who struggles with age-appropriate regulation.

Kim Hetherington

Kim Hetherington has been a social worker with the Ministry of Children and Family Development for over 23 years, working in a variety of positions, most recently as a Child and Youth with Special Needs Practice Development Consultant. Kim has developed an expertise in the science of childhood adversity and its impact in a child’s development through her training with Dr. Bruce D. Perry and The Trauma Academy. Kim also provides Trauma Informed Care support as a Coach for the Complex Care Intervention Program in East Fraser. Kim’s passion to share emerging knowledge pertaining to this exciting practice approach has resulted in her establishing eight Trauma Informed Communities of Practice in East and South Fraser communities that bring together parents, caregivers, and professionals from a variety of agencies, ministries, and community partners.
**A3 Communicating with Parents from Diverse Cultures**

Educators and other professionals face challenges when working with families from diverse cultures, especially when they are newcomers settling in Canada. Parents often have different attitudes and beliefs about their child’s development, health and general well-being. Their languages may not include words to describe conditions and situations commonly accepted in other cultures. This presentation explores patterns for understanding. It illustrates how you can change the way you communicate with parents so that your messages “feel right,” are more likely to be understood and accepted, and lead to action that overcomes cultural boundaries and supports child well-being.

Judith Colbert

Judith A. Colbert PhD is a consultant based in Guelph, Ontario, specializing in issues related to the settlement of immigrant and refugee children. She has written numerous reports exploring service options for newcomer children and is a frequent conference presenter. She is principal author of requirements for the operation of child care support funded by the Government of Canada for newcomer children whose parents are receiving language instruction and settlement services. She is the author of two books, “Welcoming Newcomer Children” and “Child Health Across Cultures,” as well as a series of e-learning modules for professional development based on Welcoming Newcomer Children. Her aim is to provide resources for teachers and others with an interest in supporting the settlement of immigrant and refugee children. Her website is www.welcomingchildren.ca

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**A4 Digitizing Ourselves to Death**

By presenting the assessment, treatment, and prevention of problem video gaming, social media misuse, and other related digital addictions, this presentation discusses technophilia’s impact on child development, and more precisely, young brain development. Insight on how to minimize the negative impact our technophilic culture can have on children and adolescents, as well as managing and understanding assistive technologies in education, will be discussed.

Benjamin Wong

Benjamin Wong is a Richmond, BC resident and has been with the Richmond Addiction Service Society since 2008. Prior to addictions work, he held positions in vocational rehabilitation and school counseling. He advocates for parental involvement from early infancy in a child’s development, and the responsible use of electronic screens to enhance learning, social skills, resilience and mental health fitness.

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**A5 Using Children’s Literature to Nurture Social and Emotional Development**

This workshop will introduce the idea of using children’s literature as a way to nurture children’s social and emotional development. Through book sharing, we can help children explore topics such as: developing healthy expressions of anger, mindfulness, labeling feelings, developing personal boundaries and making friends. In addition to book sharing, participants will learn how to create meaningful play-based experiences that extend from the books they explore with the children in their care.

Andrea Dawson

Andrea has worked with young children and their families for the past 20 years, and has supervised in both non-profit and inclusive early childhood programs. For over 10 years, Andrea worked as part of Vancouver Coastal Health’s Early Childhood Mental Health team, focusing on supporting children with emotional and behavioural challenges and their families. She holds an Early Childhood Education diploma as well as a Bachelor’s Degree in Psychology and a Master’s Degree in Counselling Psychology. Andrea currently teaches in the department of Early Childhood Education at Langara College in both the diploma program and in the Post-Basic Early Childhood Special Education program.
A.M. SESSION - WORKSHOP DESCRIPTIONS

A6  Inexpensive Dramatic Play Environments

Young children are interested in all kinds of dramatic play themes. Fortunately, many different play environments can be created using two low shelves, four chairs, and a picket fence (or low screen). This workshop will demonstrate how to create a bus, safari adventure, and santa’s sleigh. We will also examine how to introduce each play theme with stories and songs.

George Melzer
George has a Masters Degree in Early Childhood Education and teaches ECE at the University of the Fraser Valley. He has worked in the ECE field as a caregiver, owning and operating a group daycare and designing learning environments for young children. He has also designed many curriculum resources for early childhood settings.

A7  Nature Education in an Early Childhood Education Context

The natural environment provides a unique setting for children to learn through play and exploration while connecting with nature. In this workshop, participants will gain a better understanding of how natural environments can be used to support children’s learning in early childhood. They will learn about the benefits of nature play for children, and develop skills and knowledge to support young children’s outdoor play. This workshop is facilitated by educators from Saplings Outdoor Program, a nature education program for children ages 2-6 years. This workshop will take place outdoors, where participants will be able to experience nature education firsthand.

Heather Fraser, Rachel Philips & Daniela McDonald

Heather Fraser is the owner and director at Saplings Outdoor Program in West Vancouver, BC. She has extensive experience as an educator in early childhood education settings with toddler, preschool, and school-aged children. She has a passion for nature and believes in the value of the natural environments for fostering children’s growth. She holds a Bachelor’s degree in Child and Youth Care from the University of Victoria, as well as an Early Childhood Educator Certificate.

Rachel Philips is an outdoor early childhood educator with Saplings Outdoor Program. She has experience as an educator in a variety of settings, including early childhood education and outdoor education with school-aged children. She is completing a Master of Arts degree in Education at the University of British Columbia, focusing on outdoor learning in early childhood. She holds a Bachelor of Applied Science degree in Child, Youth, and Family Studies from the University of Guelph and has her early childhood educator certification.

Daniela McDonald is an outdoor early childhood educator with Saplings Outdoor Program. She has a variety of experience as an educator in experiential education environments. She is an avid outdoor adventurer. She holds Bachelor degrees in Philosophy, Psychology, Pedagogy and Physical Education, from Austria.
This workshop brings stories and storytimes magically to life, using simple magic tricks, props, songs, and puppets:

- The folk tale, Robin Hood, what really happened, and how Robin Hood saves the day.
- Emperor’s New Clothes gone wrong, but magically turns out alright in the end.
- The lovely retelling of Princess and the Frog is heart-warming and ends with an unexpected surprise!
- Story of a little boy who brings a special hat to show & tell at preschool!
- A retelling of the Three Little Pigs that will thrill your audience of little ones.
- What happens when your child’s teddy bear gets hurt? We can fix it with a little magic.
- And much more fun with songs.....

Susan Andrews

Susan’s magical storytimes have motivated, inspired, and entertained Surrey’s children in hundreds of schools, libraries, festivals every year for the past 20 + years. Her knowledge and passion for children’s stories and the gift to share is infections for children, teachers and parents alike!

A9 Light and Shadow and the Pedagogy of the Power of Wonder

Light and shadow as didactic materials? How can they be, if we cannot touch and feel them? This workshop will “illuminate” participants in regard to the amazing power of wonder in the classroom and how it can engage children with the complexity of concepts like light and shadow. Be ready to touch, feel, taste, and live these fluid, seemingly unsubstantial teaching materials!

THIS IS A FULL DAY WORKSHOP. PARTICIPANTS MUST ALSO REGISTER FOR P9.

Violet Jessen and Anabella Cant

Violet Jessen is an instructor in the ECCE Department at Capilano University. A member of Early Childhood Educators of BC (ECEBC) since 1995, Violet sat on the Provincial board as a Member-at-large, and later became Director of Conference for the organization’s professional development events “Between Two Seas: Bridging Children and Communities” and “Leadership: Innovation & Inspiration, Celebrating 40 Years of ECEBC”. She is a guide for the ethics training workshop modules “Best Choices: The Ethical Journey” (a project of the Canadian Child Care Federation and ECEBC). Violet volunteers extensively and enjoys a variety of community work. She is committed to ongoing professional development and is a board member of the North Shore Community Resources Society (serving currently as Vice President), a facilitator of the NSCR Mother Goose Program and one of the founding committee members of the North Shore Early Childhood Conference “To Learn, To Wonder” (established in 2002).

Anabella Cant is a PhD Candidate at SFU, an instructor at Capilano University’s ECCE Department, and at SFU’s Faculty of Education. She is one of the Associate Directors of the Imaginative Education Research Group at SFU and has taught over 200 professional development workshops in Canada and Europe. She has initiated and managed preschools in Europe between 1999-2010 applying the Imaginative Education Theory and developing her own early childhood education method - Early Learning Imaginative Education program (ELIEP). Some of her publications include: Wonder-full Education – The centrality of wonder to science, mathematics, humanities, and arts teaching (as editor) Routledge and the Taylor & Francis Group (in press); The LiDKit: Resources for Implementing the Learning in Depth Program (as part of the publishing IERG team); Pacific Education Press UBC (in press); Dear Kindergarten Teacher. Thematic Teaching Projects with Narrative Integration of Curricular Content. (Pitesti, Diamant, 2010) and A New Outlook on Preschool Education. The Annabella Method (Cluj-Napoca, Risoprint, 2010).
**A.M. SESSION - WORKSHOP DESCRIPTIONS**

**A10  Fairies Build Community**

In the morning session you will learn how the topic of fairies started a project that spanned several years and how various members of the community became involved. You will hear stories and explore some of the art, science, math and literacy activities that the families experienced during this project. The session will end with you creating your own magical door.

During the afternoon session we will retell the three stories from the morning so you can learn them to take back to your centre to share. You will also create your own peg doll and clothes peg fairies.

**Maureen Wagner**

Maureen has been an educator of young children and families for over 30 years. As a StrongStart facilitator in the Comox Valley she offers accessible education through play and hands-on explorations.

**A11  Playful Ways to Improve the Brain’s Executive Functions**

In this hands-on workshop participants will get to practice a few playful ways for young children to improve their brain’s executive functions. Participants will also get to try a few assessment measures.

**Dr. Adele Diamond**

Adele Diamond is the Tier 1 Canada Research Chair Professor of Developmental Cognitive Neuroscience at the University of British Columbia in Vancouver, BC, Canada, a member of the Royal Society of Canada, and was recently listed as one the 15 most influential neuroscientists.

One of the pioneers in the field of Developmental Cognitive Neuroscience, Prof. Diamond is at the forefront of research on executive functions. Executive functions include ‘thinking outside the box’ (cognitive flexibility), mentally relating ideas and facts (working memory), and giving considered responses rather than impulsive ones, resisting temptations and staying focused (inhibitory control, including selective attention). She has made discoveries that have improved treatment for medical disorders (PKU and ADHD) and impacted early education, improving the lives of thousands of children. Her work has shown that executive functions can be improved at any age, even in the very young. Recently Prof. Diamond has turned her attention to the possible roles of traditional activities, such as music and dance, in improving executive functions, academic outcomes, and mental health.

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"That Child is SO Frustrating": Building Cooperation and Respect Through Attachment

Child care providers become “secondary attachment figures” to the children in their care. This relationship can make a significant difference. However, bonding can be difficult with some children. Participants will learn to identify their own attachment style and how it contributes to connection or conflict. Using the Dynamic Maturation Model of Attachment, participants will learn to recognize preschool attachment strategies and how meeting the child’s need for safety and connection can increase cooperation and respect.

Kate Pinsonneault

Kate is a Registered Clinical Counsellor, certified in Infant Mental Health. She is also a Licensed Early Childhood Educator and a Special Education Teacher. With 40 years of experience working in the field of child development, care, and education, Kate is knowledgeable and dedicated to improving the lives of children and their families. Kate currently works as the Executive Director for the North Island Early Child Development Society and has a private counseling practice in Comox.

P2 Sing and Sign With Me Volume 1

Come and have fun singing and signing a variety of children’s songs. Singing and signing is an inclusive activity to do in any child care centre. It will help facilitate language development and it’s fun!

Kim Brown

Kim is an early childhood special needs educator working on her Masters with over 30 years experience as a consultant, instructor, teacher and facilitator, all relating to family and children’s services.

P3 Anger and Eruptions: Understanding Anger and What to Do About It

Anger in children is one of those emotions that often takes us by surprise, and indeed provokes interesting responses from us as caregivers. Where does anger come from? When is it a problem? What does anger have to do with brain development? This workshop will take on the task of helping caregivers understand the NEEDS of children when anger erupts. We will explore the emotional pathways that lead to angry explosions and we will seek to understand how to respond in ways that calm rather than agitate, helping to facilitate growth for the developing brain.

Rebecca Mitchell

Rebecca has a Master’s Degree in Developmental Psychology and is a Registered Clinical Counsellor. She approaches her work eclectically by incorporating aspects of her post-graduate training in the areas of attachment, developmental trauma, infant mental health and play therapy. Rebecca has been supporting children and families for the past 20 years and brings a strong sense of compassion to her work.
**P.M. SESSION - WORKSHOP DESCRIPTIONS**

**P4 Responsive Curriculum: A Collaborative and Supportive Approach**

This workshop will explore the core concepts of responsive curriculum and the role of the teacher. We will explore our deeper learning from the implementation of a responsive curriculum and how this change will affect child development including social competence and community. A look at environments, observation, child and family engagement, and partnerships will be highlighted in this hands-on workshop.

Paula Milbradt

Paula Milbradt has over 23 years experience working with children of all ages. One of her passions is enhancing the existing skills of educators and parents. She founded Empowermil after she fostered 4 boys 13 years ago and focused her attention on social emotional intelligence. She moved to BC four years ago and during her time here she has offered numerous workshops for both educators and families. Paula believes that it takes an engaged community to raise a village.

**P5 Supporting Communication Development in a Child Care Setting**

This workshop will briefly review typical language development in young children, and include discussion on ways to create a language-rich environment to support developing communication skills. Participants will learn what to watch for and who to refer to if they suspect a child is struggling with communication. Strategies for supporting communication development in children with special needs will also be discussed.

Amanda Lenk

Amanda has over 14 years experience as a Speech Language Pathologist and has worked with children and adults in a variety of settings, including pediatric multidisciplinary treatment centres, hospitals and private practice.

**P6 Emotional, Social and Prosocial Development**

Emotional, social and prosocial developments are complex processes resulting from relationships and experiences in the early years. Healthy emotional development leads to increased cooperation with adults, willingness to behave in ways that respect others, higher levels of self-regulation, and meaningful social relationships. Prosocial development includes the development of empathy and the ability to put others’ needs before one’s own. We will discuss how these qualities develop and what support young children need to be trusting, confident, caring and resilient group members.

Jan Blaxall

Jan Blaxall, MASc. is a registered Childhood Educator with 30 years experience as an Early Childhood Education instructional professor. She is a Professional Development Facilitator, on-line and in person, participated on an expert panel for Ontario’s Early Learning Framework, and is a Kids Have Stress Too! Programs Trainer as well.

**P7 Professionalism and Care-Based Practice**

What does it mean to you to be a professional? How does professionalism support the value and worth of our sector to the broader community? Relationships are at the core of our work, yet how do we maintain professional boundaries while creating and maintaining relationships? Using the principles of the ECEBC Code of Ethics, the Early Learning Framework, Licensing Regulations and Occupational Standards, participants will be supported in enhancing their own professional identity while respecting diverse perspectives. Together we will deconstruct practical day-to-day examples that will support the understanding of professional practice and strengthen our connections with families and communities.

Charlene Gray

Charlene Gray has been in Early Childhood Education for 26 years and holds a diploma in ECCE and has taken early years specialization courses at UVIC. She is on the ECEBC Board of Directors – and is past Director of Professionalism. Charlene is an Ethical Journey Training Guide/Facilitator, a member of the Advisory Committee for the S10 a Day Child Care Plan, Executive Coordinator for the Comox Valley Children’s Day Care Society, and Mom of 3 and Grandmother of 2.
Everything you Always Wanted to Know About the $10 a Day Child Care Plan

It’s clear that parents will benefit if their child care fees are reduced to $10 a day for full-day early care and learning, $7 for part-day and no fees for families earning less than $40,000 annually. Did you also know that parents will generate most of the revenues required to pay for the Plan, and that the Plan proposes to pay ECEs an average wage of $25 per hour plus benefits?

No wonder the momentum behind BC’s Community Plan for a Public System of Integrated Early Care and Learning continues to grow. Each week, new organizations, local governments, boards of education and/or businesses add their names to the thousands of individual supporters from across the province. In this workshop, participants will explore the key elements of what is now simply known as the $10 a Day Child Care Plan. We will get past the basics, deepen understanding and provide tools to help spread the word even further. Together, we can make affordable child care a reality in BC!

Lynell Anderson & Sharon Gregson

Lynell utilizes financial information to promote accountability, engage communities and advocate for change. Drawing on 30 years of experience as a Certified General Accountant in the voluntary, public and private sectors, Lynell’s research and advocacy integrates lived experience with required public policy and investment, especially with respect to child care services. In 2010 Lynell was awarded the United Way of the Lower Mainland Excellence in Action Early Childhood Development Award and, in 2012, she was a member of the Canadian NGO delegation to Geneva, where she shared her research with the UN Committee on the Rights of the Child.

Sharon Gregson works with the Coalition of Child Care Advocates of BC and she’s the spokesperson for the $10 a Day Child Care Plan. Sharon was twice-elected as a Trustee to the Vancouver School Board and is currently the Director of the Early Years for Collingwood Neighbourhood House in East Vancouver. Sharon speaks out regularly on the rights of children to quality care, the rights of women to access affordable services, and the rights of early childhood educators to be fairly paid for their important work.

Light and Shadow and the Pedagogy of the Power of Wonder

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THIS IS A FULL DAY WORKSHOP. PARTICIPANTS MUST ALSO REGISTER FOR A9.

Violet Jessen and Anabella Cant

Violet Jessen is an instructor in the ECCE Department at Capilano University. A member of Early Childhood Educators of BC (ECEBC) since 1995, Violet sat on the Provincial board as a Member-at-large, and later became Director of Conference for the organization’s professional development events “Between Two Seas: Bridging Children and Communities” and “Leadership: Innovation & Inspiration, Celebrating 40 Years of ECEBC”. She is a guide for the ethics training workshop modules “Best Choices: The Ethical Journey” (a project of the Canadian Child Care Federation and ECEBC). Violet volunteers extensively and enjoys a variety of community work. She is committed to ongoing professional development and is a board member of the North Shore Community Resources Society (serving currently as Vice President), a facilitator of the NSCR Mother Goose Program and one of the founding committee members of the North Shore Early Childhood Conference “To Learn, To Wonder” (established in 2002).

Anabella Cant is a PhD Candidate at SFU, an instructor at Capilano University’s ECCE Department, and at SFU’s Faculty of Education. She is one of the Associate Directors of the Imaginative Education Research Group at SFU and has taught over 200 professional development workshops in Canada and Europe. She has initiated and managed preschools in Europe between 1999-2010 applying the Imaginative Education Theory and developing her own early childhood education method – Early Learning Imaginative Education program(ELIEP). Some of her publications include: Wonder-full Education – The centrality of wonder to science, mathematics, humanities, and arts teaching (as editor) Routledge and the Taylor & Francis Group (in press); The LiDKit: Resources for Implementing the Learning in Depth Program (as part of the publishing IERG team); Pacific Education Press UBC (in press); Dear Kindergarten Teacher. Thematic Teaching Projects with Narrative Integration of Curricular Content. (Pitesti, Diamant, 2010) and A New Outlook on Preschool Education. The Annabella Method (Cluj-Napoca, Risoprint, 2010).
P.M. SESSION - WORKSHOP DESCRIPTIONS

P10. Fairies Build Community

In the morning session you will learn how the topic of fairies started a project that spanned several years and how various members of the community became involved. You will hear stories and explore some of the art, science, math and literacy activities that the families experienced during this project. The session will end with you creating your own magical door.

During the afternoon session we will retell the three stories from the morning so you can learn them to take back to your centre to share. You will also create your own peg doll and clothes peg fairies.

THIS IS A FULL DAY WORKSHOP. PARTICIPANTS MUST ALSO REGISTER FOR A10.

Maureen Wagner

Maureen has been an educator of young children and families for over 30 years. As a StrongStart facilitator in the Comox Valley she offers accessible education through play and hands-on explorations.

P11. When Goodbye is Too Hard

Due to the wonderful workings of the human brain in its efforts to keep us physically and emotionally safe, one of the most stressful things for a child is to have to be apart from their parent. Not only is this stressful for children, but it can also become really difficult for parents as they watch their child struggle! As professionals, it can be a delicate dance to diplomatically support both parent and child through goodbyes that have become too hard. In this workshop, we will discuss nurturing, intuitive, and understanding approaches to mastering this delicate dance. We will review the parent “cue” system and the nature of parent-child “super glue” to inform everyday strategies for easing the strain of “goodbye” for both child and parent.

Dr. Vanessa Lapointe

Dr. Vanessa Lapointe is the author of Discipline without Damage: How to get your kids to behave without messing them up! As a registered psychologist who has been supporting families and children for over 15 years, Dr. Vanessa’s passion is in walking alongside parents, teachers, care providers, educators, and other big people to really see the world through the child’s eyes. Dr. Vanessa believes if we can do this, we are beautifully positioned to grow up children in the best possible way. A regularly invited educator and speaker, and a consultant to research projects and various organizations promoting emotional health and development, Dr. Vanessa seeks to champion children and their big people in giving kids the best chance. Dr. Vanessa is known for being a dynamic speaker who brings a sense of nurturing understanding and humanity to all of her workshops and presentations. And, as a mother to two growing children, Dr. Vanessa strives not only professionally, but also personally, to view the world through the child’s eyes.
Registration

Registration is available online only. Visit [www.childcareoptions.ca](http://www.childcareoptions.ca) and click on the registration link on the conference page.

**No changes are permitted once registration is processed.**

All workshop confirmations will be sent by email. You will not receive a confirmation without an email address. Please add childcareoptions@options.bc.ca to your email address book to ensure you receive your confirmation.

Certificates of attendance will be provided for the completion of each two hour workshop and keynote presentation.

**Please note:** A $10 fee will be applied to all duplicate receipts and certificates issued.

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<th>EARLY BIRD PRICE</th>
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<td>Oct. 31/15 (by 4:00 p.m.)</td>
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**Cancellation Policy**

Cancellations will be accepted until January 8, 2016 and will be subject to a $25.00 administration fee. **Cancellations will not be accepted after this date for any reason.**

Replacement delegates are welcome with prior notice.

Morning and afternoon nutrition breaks and lunch are included in the full conference and Saturday-only conference fees. Vegetarian options will be available.

**If you have any food restrictions or allergies, you will be responsible for providing your own food and beverages.**

**Helpful Tips ...**

- **Purchases** - Stop at the ATM before the conference as there are no bank machines onsite.
  - Consider bringing a wheeled bag for shopping in the Marketplace.

- **Be Green!** - Bring a water bottle with you and fill up at the water coolers onsite.

- **Networking** - Bring extra business cards to exchange with new colleagues you meet.
Social Media

Be sure to follow along with us on social media. We’ll be using the hashtag #CHOM so be sure to use it when you’re posting about the conference, so we can find you!

You can find us at:
- Instagram.com/childcareoptions
- Twitter.com/chcareoptions
- Facebook.com/childcareoptionsccrr

Giving Back Campaign

For the second year the Children the Heart of the Matter Conference is partnering with the Rotary World Help Organization (www.rotaryworldhelp.com) to present the “Children the Heart of the Matter Giving Back Campaign.” Rotary World Help is a non-profit organization aimed at collecting and distributing medical equipment & supplies, dental, optical, education & sports equipment and disaster relief supplies to international recipients in need. It is a non-religious, non-political charity run by Rotary Clubs in BC. We are asking CHOM participants to help support education in other parts of the world by bringing new school supplies of your choice to the conference for donation. You will find the Rotary World Help donation table located under the stairs by the Marketplace area. Help us to help others; show that children really are the “heart of the matter.”

Consent to Use Photographs

Photographs will be taken during the Children the Heart of the Matter conference. By registering, you will be giving permission that photos containing your image/likeness may be used.

Selfie Station

We’ll be setting up a photo booth/selfie station again this year for you to have fun with your colleagues and new friends! Be sure to drop by, take a photo, and post it to Instagram or Twitter using the hashtag #CHOM for your chance to win a great prize!
Hotel Accommodations

Conference participants receive a discounted rate at the Sheraton Vancouver Guildford Hotel from January 15 to 17, 2016.

<table>
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<td>$135</td>
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<tr>
<td>Traditional King (TRK)</td>
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<td>$115</td>
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<td>$155</td>
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Facility and Parking

Directions

The Bell Performing Arts Centre is located at the south-east corner of 64th Avenue and 144th Street.

- From the Alex Fraser Bridge/Highway #91, take the 64th Avenue exit East, right on 144th Street.
- From the Pattullo Bridge/King George Boulevard, turn left on 64th Avenue, right on 144th Street.
- From the Port Mann Bridge/Highway #1, take the 152nd exit, turn right on 64th Avenue, turn left on 144th Street.

Parking

Parking in the Bell Centre lot is limited. If the main parking lot is full please park in the overflow lot located just south of 64th Avenue and 146th Street. Please arrive early enough to allow time to find parking before the event begins.
CHILDREN
the Heart of the
MATTER