Tricks of the Trade

Stella Yiu
The Ottawa Hospital
@Stella_Yiu
Critical Care

ENT/EYE

Wound
Critical Care
Podcast 109 – Mind of the Resuscitationist from SMACC 2013

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the mind of the resuscitationist
Rehearse mentally. Get everything ready.
What I grab

Nasal Prongs
Blankets
100cc NS bag
Sharpies + labels
What I grab

Nasal Prongs
Blankets
100cc NS bag
Sharpies + labels
High flow $O_2$ \( \uparrow \) apnea time
High flow $O_2 \uparrow$ apnea time
High flow $O_2 \uparrow$ apnea time

Tape it to cheek

Extra port
Use blankets to Ramp patients

Ear-to-sternal notch
Ramp $\uparrow$ intubation success

Ear-to-sternal notch
What I grab

Nasal Prongs

Blankets

100cc NS bag

Sharpies + labels
100cc NS -> Push dose pressor

Phenylephrine
1 cc x 10 mg/cc Phenylephrine (10 mg)

Courtesy of Scott Weingart
10mg in 100cc NS bag
Phenylephrine 100mcg/cc
Sharpies + Labels

Courtesy of Seth Trueger
Critical care tricks

Phenylephrine 100mcg/cc
ENT/Eye tricks
Nasal Foreign Body
Oxygen tubing + High flow Oxygen
Parent bear hug

Wear gown

Assistant to start oxygen
Foreign body in ear
Glue at the end of a Q-tip
What if the glue gets stuck to the pt?
DIY soft suction

Foreign Body in throat
Fish bone = Radiolucent
Look first
Alternatives
Np scope
The bend of Magill forceps might help
Eye tricks
Lost contact lens -> stain with Fluorescein
Morgan lens without poking eye?

Nasal cannula

IV tubing

Courtesy of Michelle Lin
Morgan lens without poking eye?

Courtesy of Michelle Lin
Beneath head + Suction
Wound care tricks
Hair apposition technique

1. Place the hair in the desired location.
2. Begin to appose the hair by crossing it over.
3. Continue crossing over until the desired length is reached.
4. Secure the apposition with a gentle pull or tie.
Hair apposition technique
Modification for short hair
Single volar block for fingers
Tissue adhesives
To prevent runoff with glue
Steri-Strip™ oppose wound first
Abscess tricks
Aspirate 1st → pain
Suction helps control odor
Wound Care tricks
ENT/Eye tricks
Critical care tricks

Phenylephrine 100mcg/cc