

Tricks of the Trade

Stella Yiu

The Ottawa Hospital

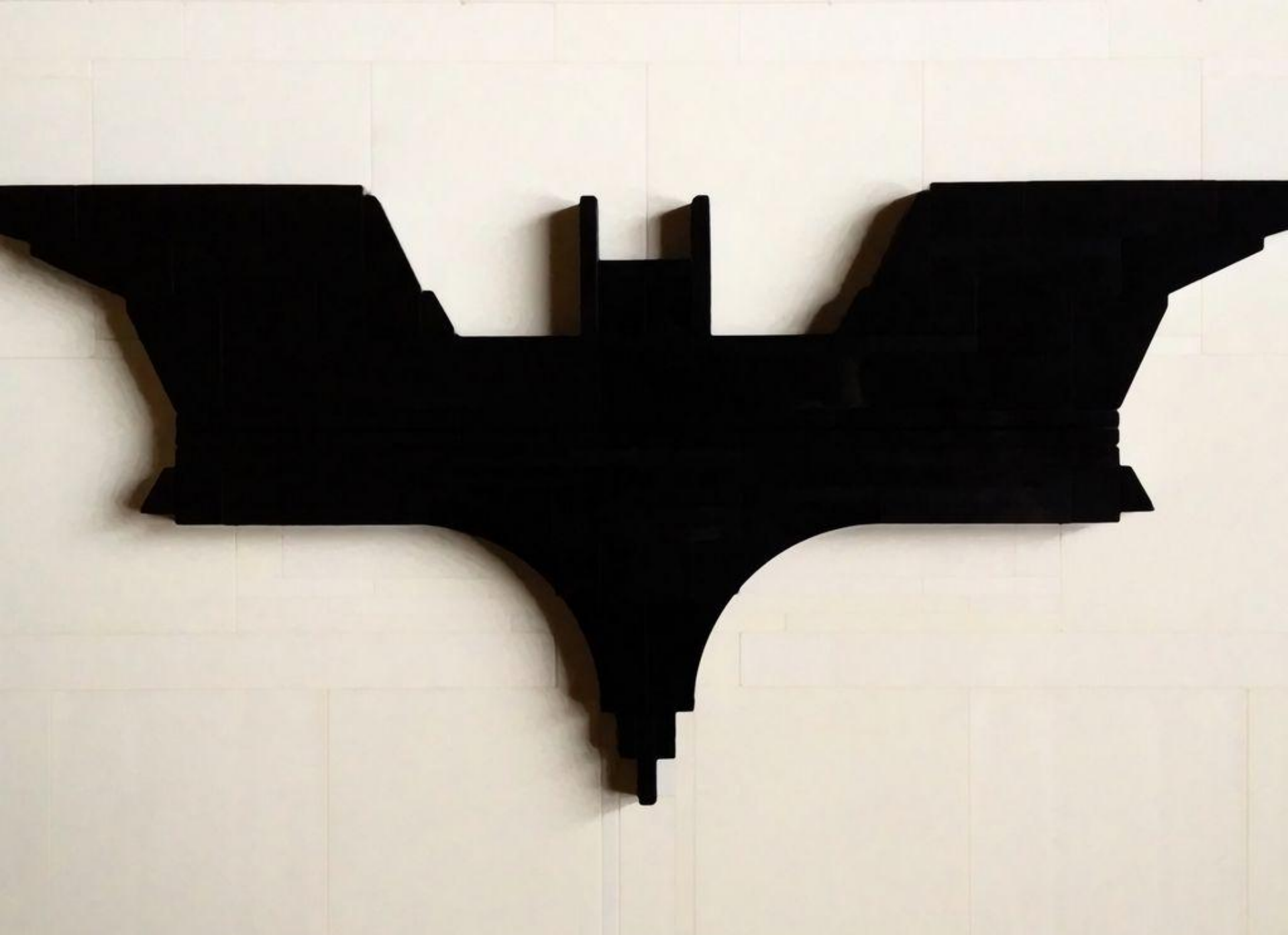
@Stella_Yiu











Critical Care

ENT/EYE

Wound



Critical Care





Podcast 109 – Mind of the Resuscitator from SMACC 2013

October 14, 2013 by emcrit — 9 Comments

WEINGART



till krech (extranoise)// flickr

the mind of the resuscitator

**Rehearse mentally.
Get everything ready.**

What I grab

Nasal Prongs

Blankets

100cc NS bag

Sharpies + labels

What I grab

Nasal Prongs

Blankets

100cc NS bag

Sharpies + labels

High flow O_2 ↑ apnea time



High flow O₂ ↑ apnea time



H590A

High flow O_2 ↑ apnea time

Tape it to cheek

Extra port



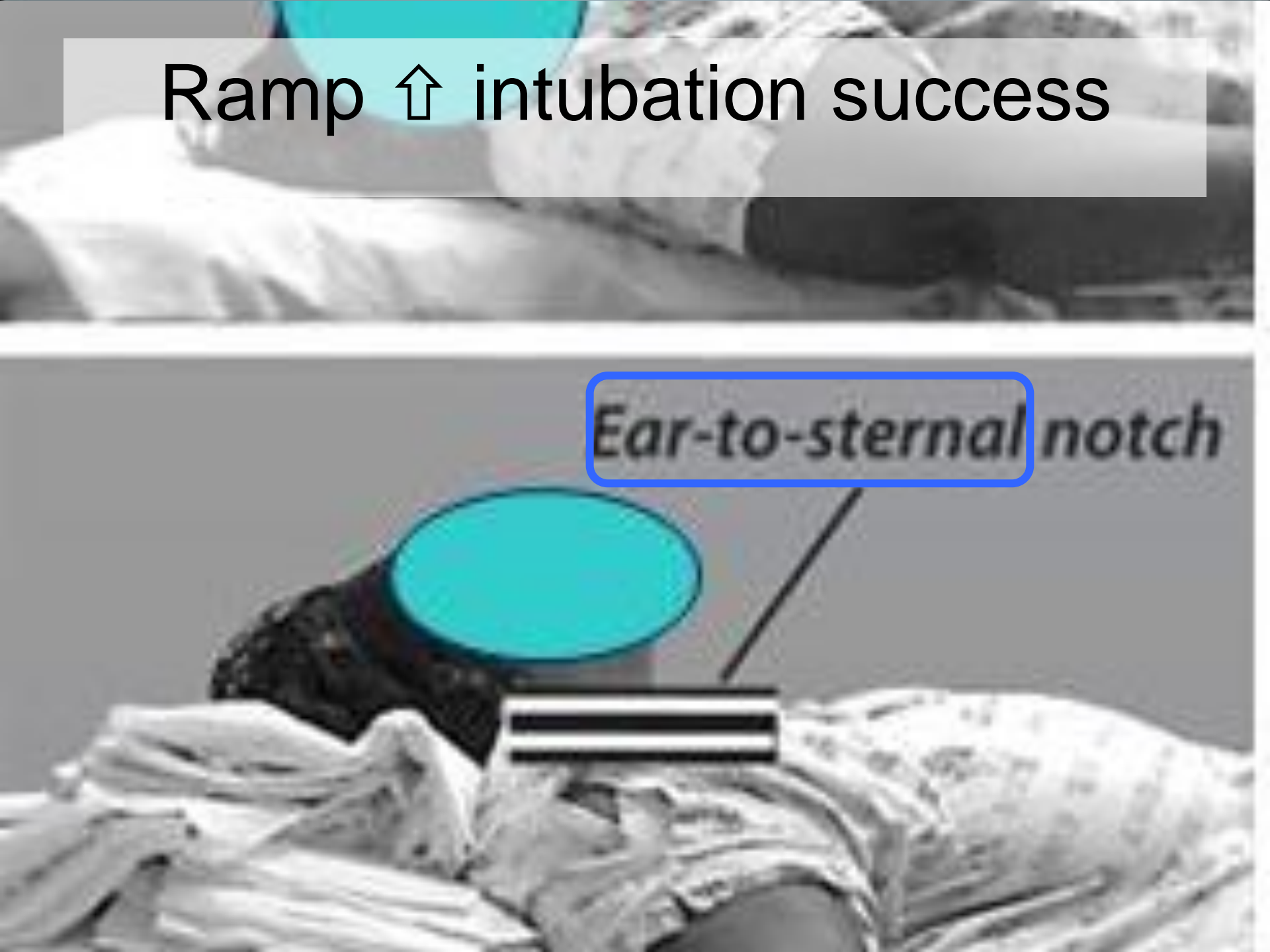
Use blankets to Ramp patients

Ear-to-sternal notch



Ramp ↑ intubation success

Ear-to-sternal notch



What I grab

Nasal Prongs

Blankets

100cc NS bag

Sharpies + labels

100cc NS -> Push dose pressor

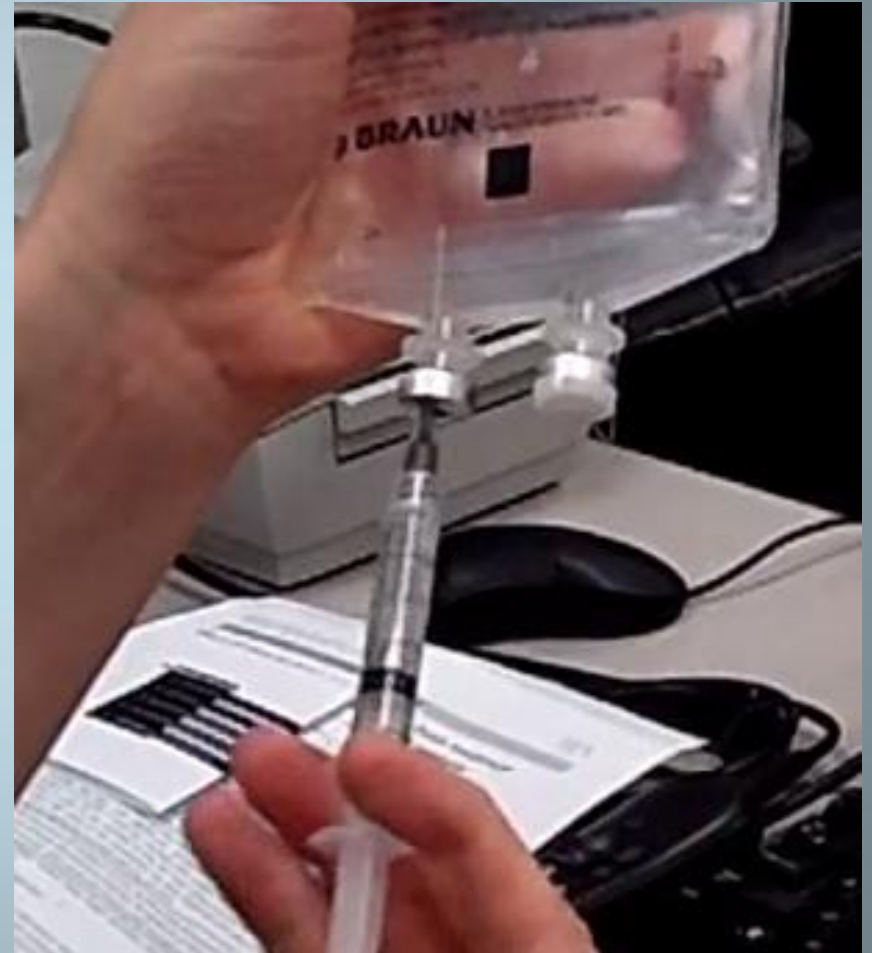
Phenylephrine

1cc x10mg/cc Phenylephrine (10mg)



Courtesy of Scott
Weingart

10mg in 100cc NS bag



Injection USP

MEDICATION ADDED

Phenylephrine 100mcg/cc

Sharpies + Labels



Courtesy of Seth Trueger

WORLDWIDE MEDICAL SUPPLY
1000 S. WILSON AVE
LA 70006

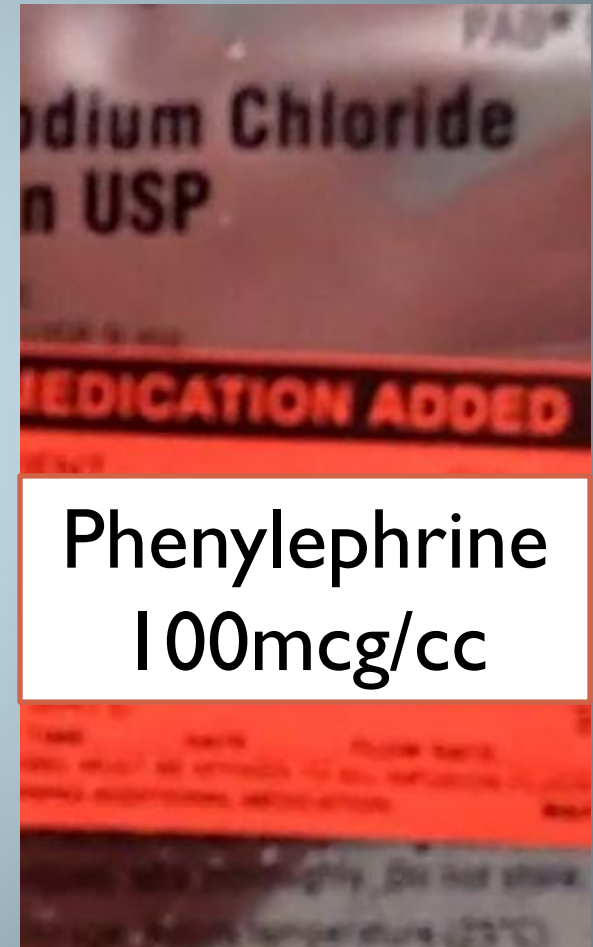
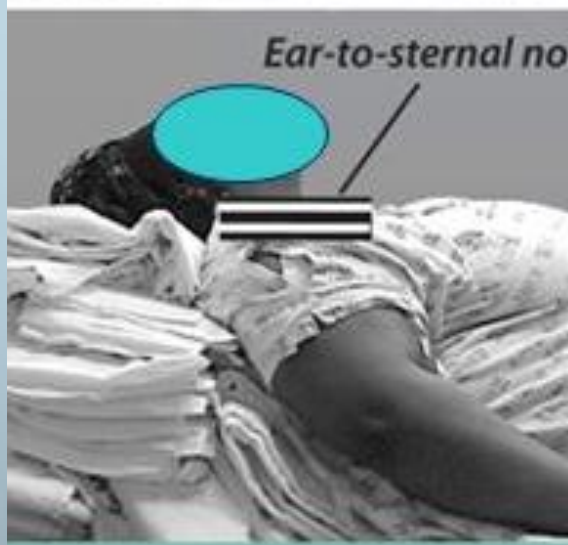


Chemical Company
Blood Components
Transfusion Service

4



Critical care tricks



ENT/Eye tricks

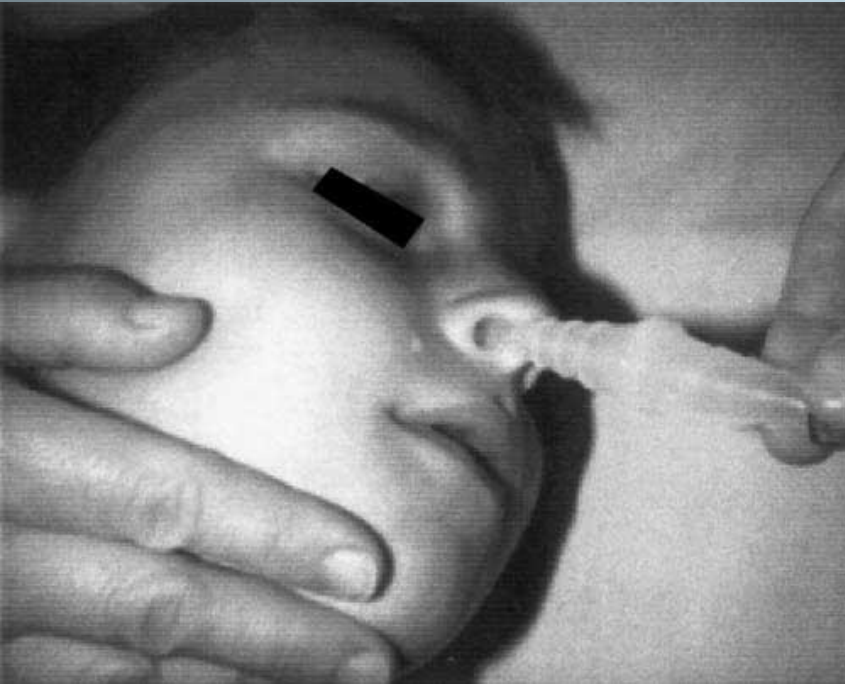
Nasal Foreign Body

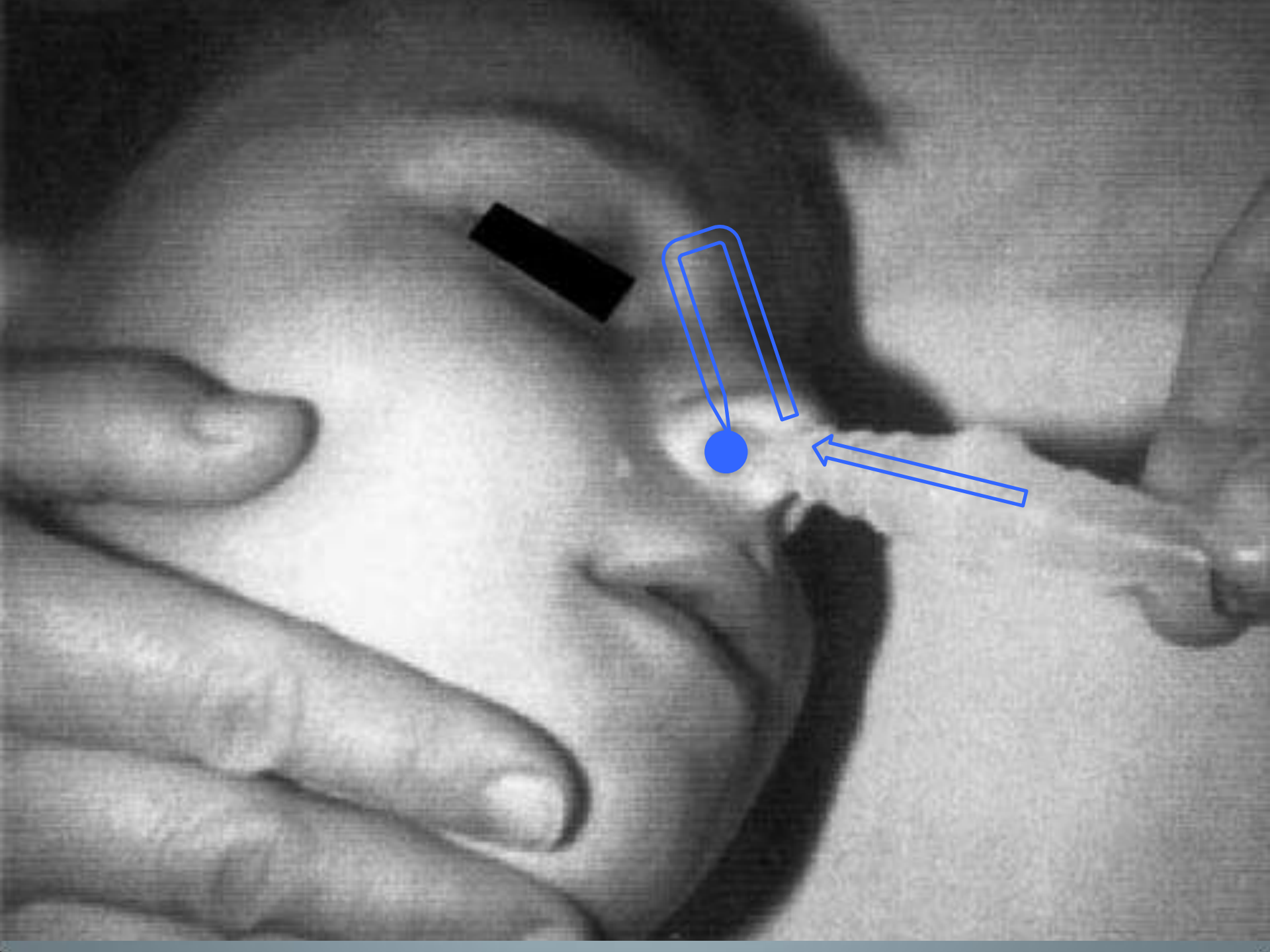


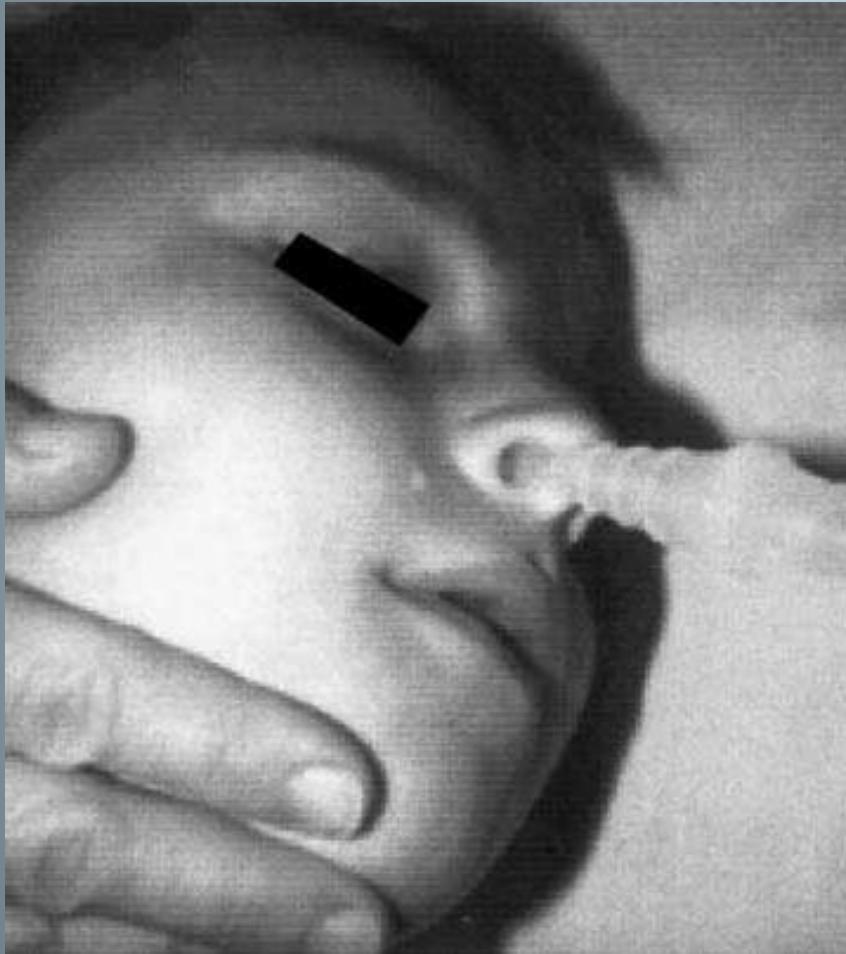


Oxygen tubing + High flow Oxygen









Parent bear hug

Wear gown

Assistant to start
oxygen

Foreign body in ear



Glue at the end of a Q-tip



What if the glue gets stuck to the
pt?





Courtesy of Brent Core and Daniel Cabrera

DIY soft suction

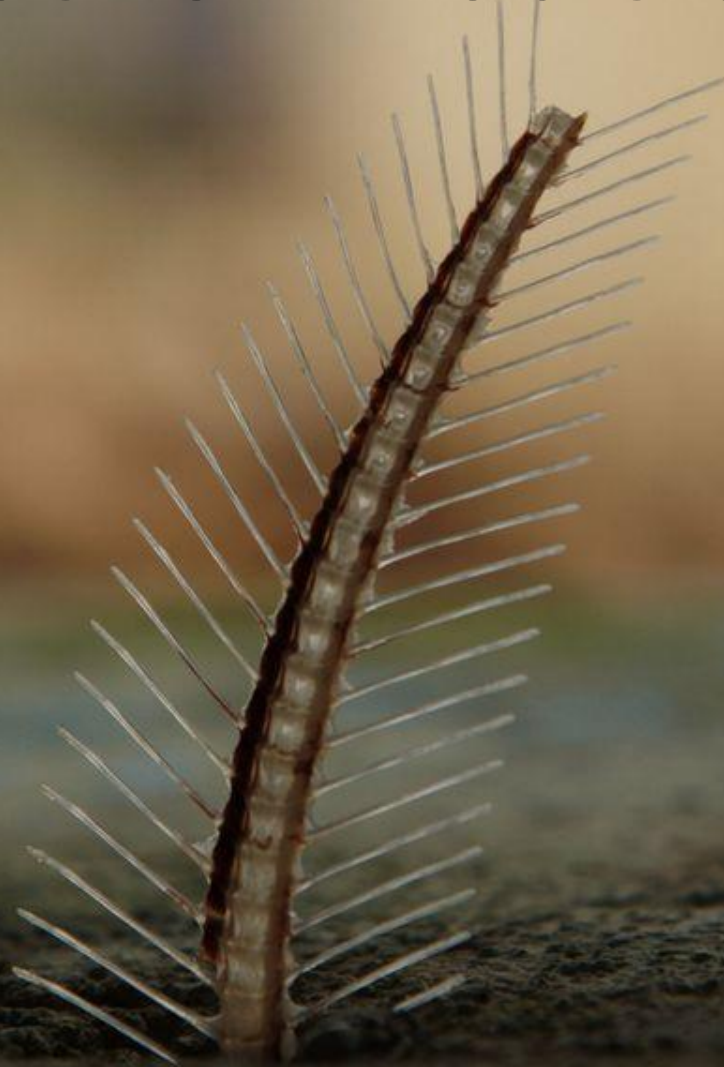


Courtesy of Yen Chow and Michelle Lin, www.AliEM.com

Foreign Body in throat



Fish bone = Radiolucent



Look first



By ICUurses (Own work) [CC BY-SA 4.0 (<http://creativecommons.org/licenses/by-sa/4.0>)], via Wikimedia Commons



Alternatives

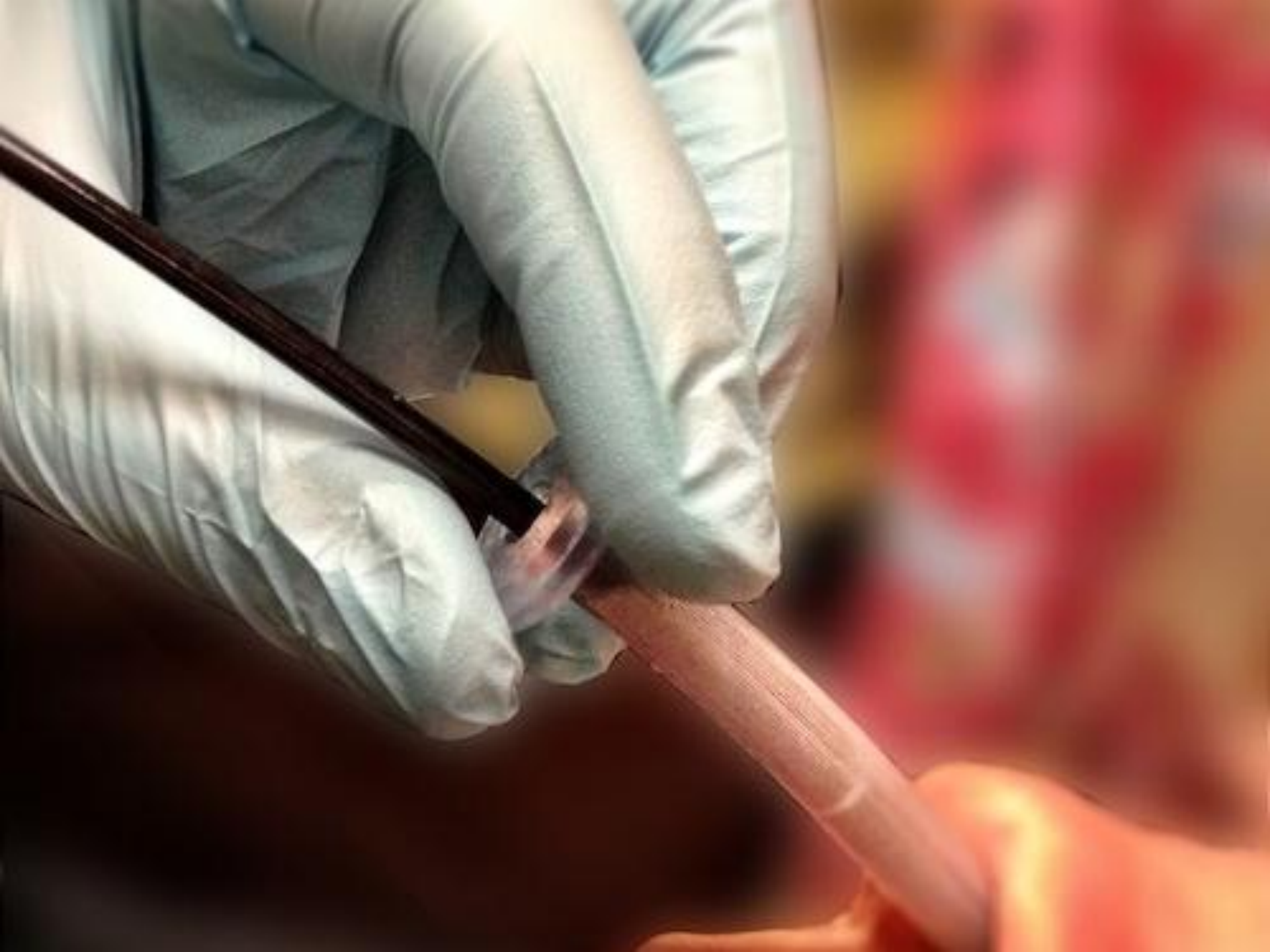


Np scope

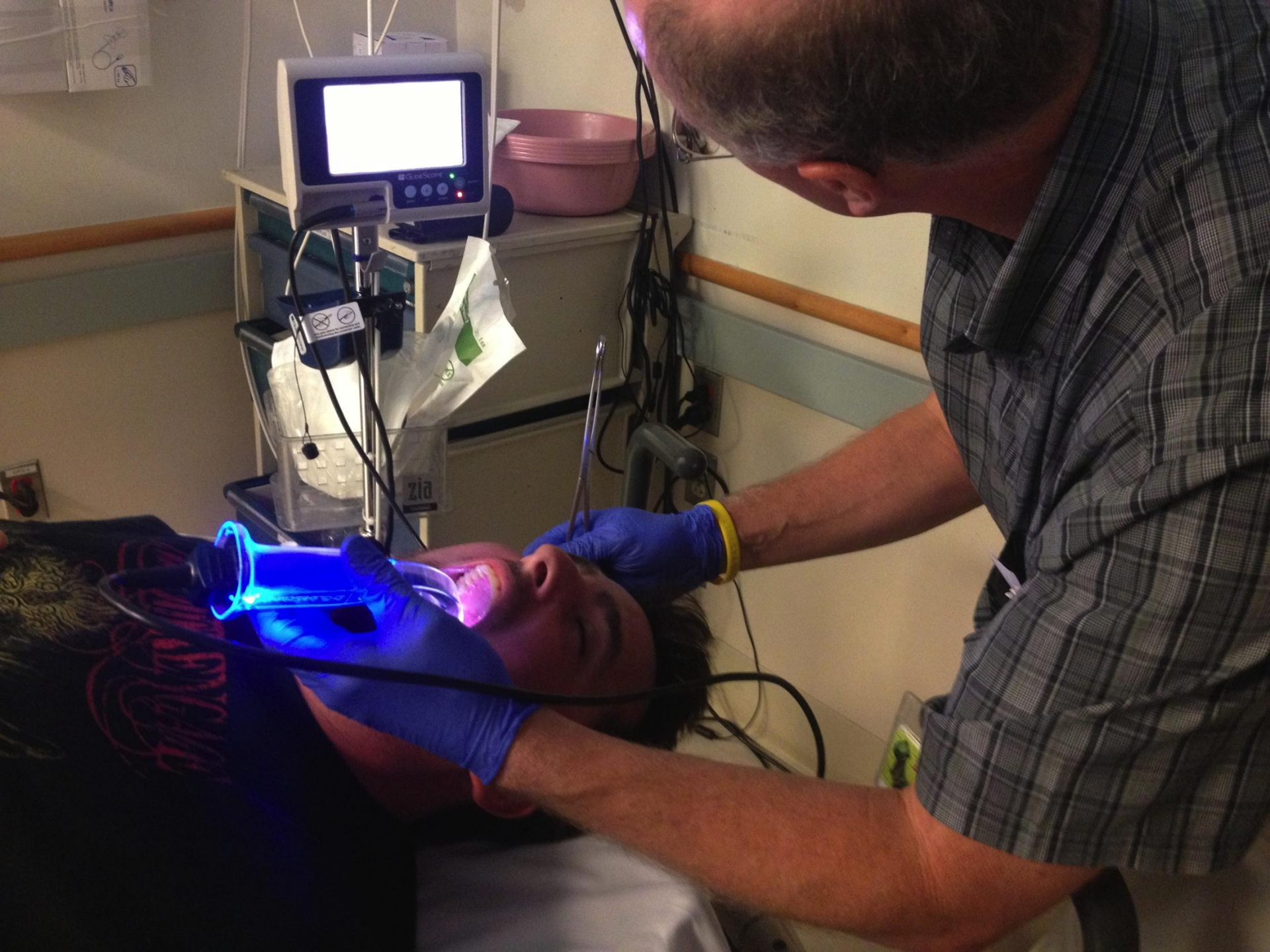




By ICUurses (Own work) [CC BY-SA 4.0 (<http://creativecommons.org/licenses/by-sa/4.0>)], via Wikimedia Commons

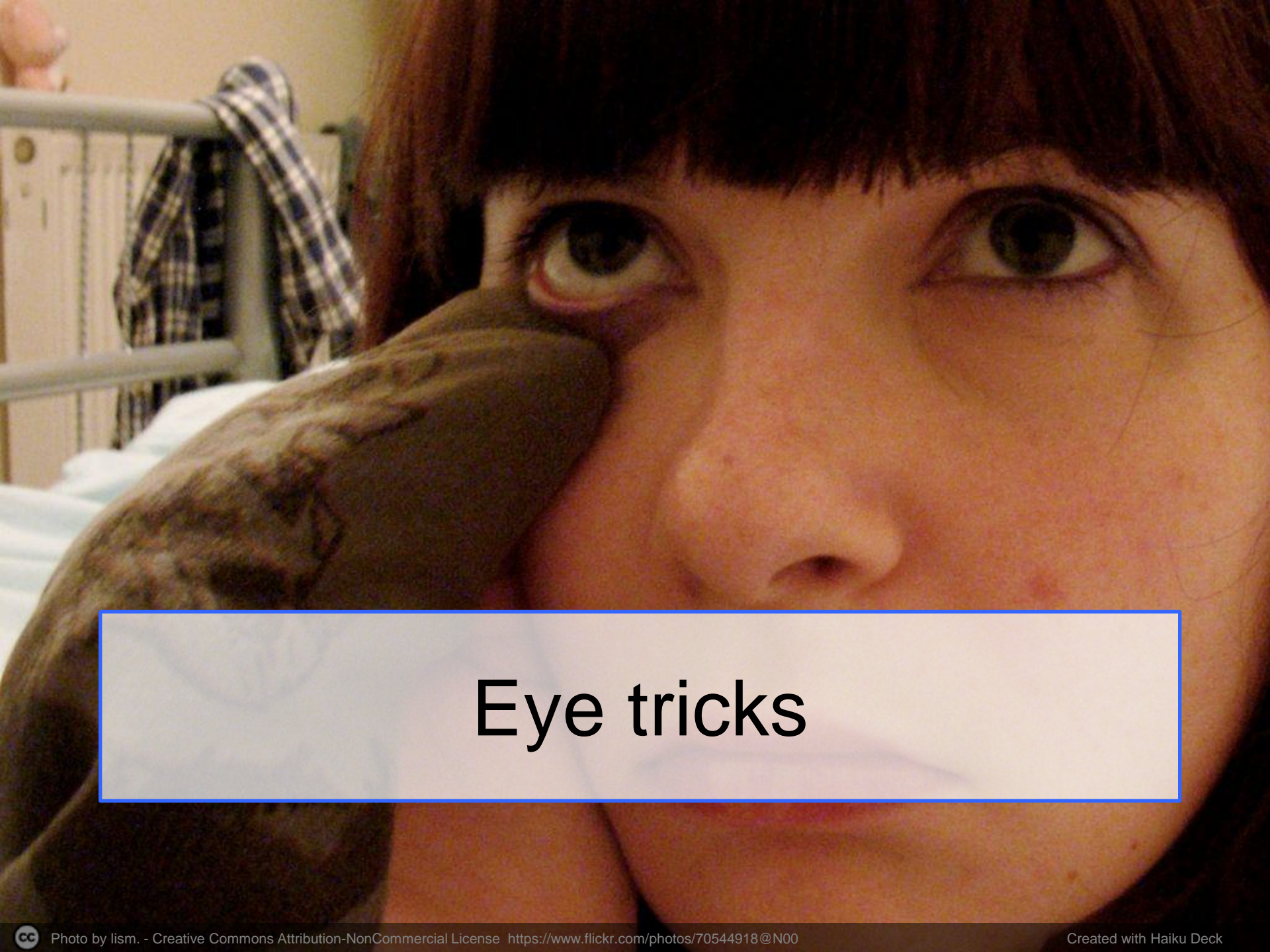






The bend of Magill forceps might help





Eye tricks

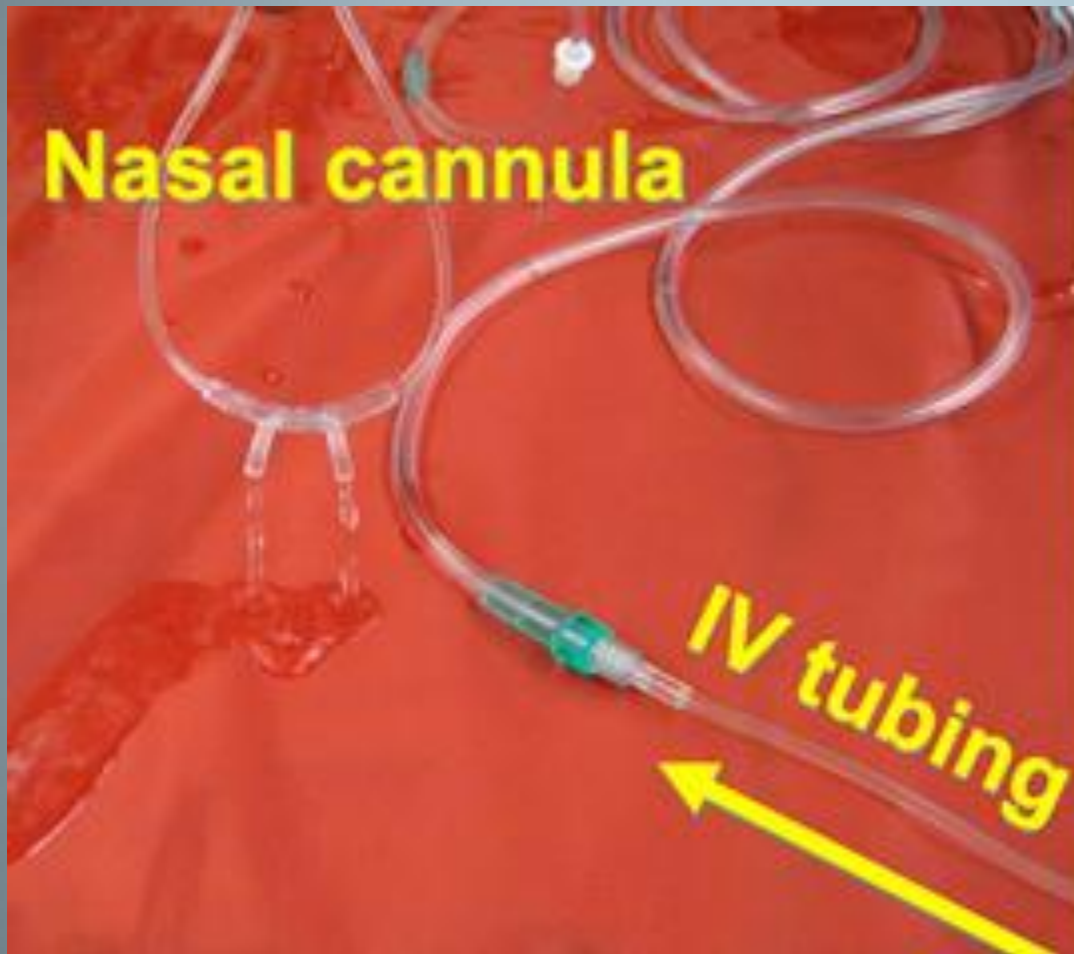


By Moist.acuvuehk (Own work) [CC0], via Wikimedia Commons

Lost contact lens -> stain with Fluorescein



Morgan lens without poking eye?



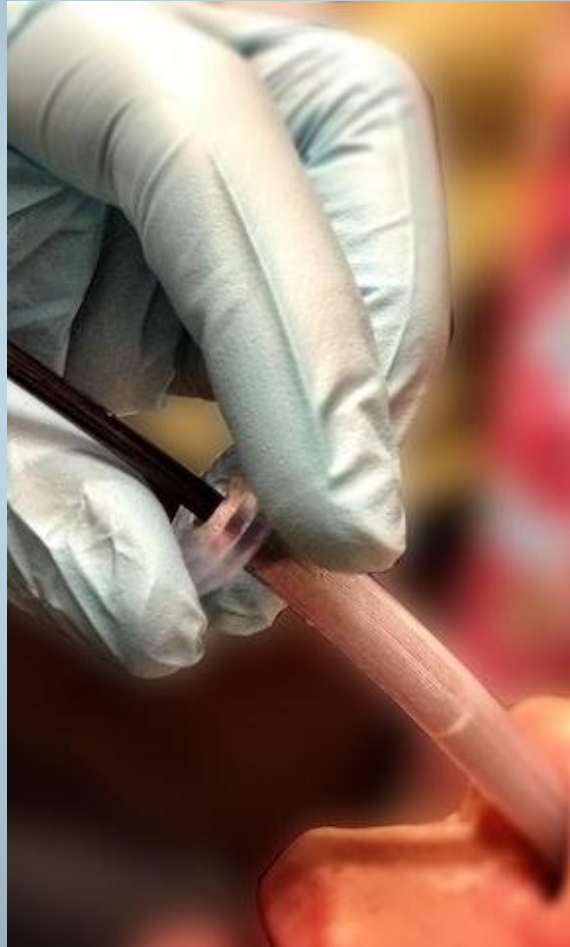
Morgan lens without poking eye?



Beneath head + Suction

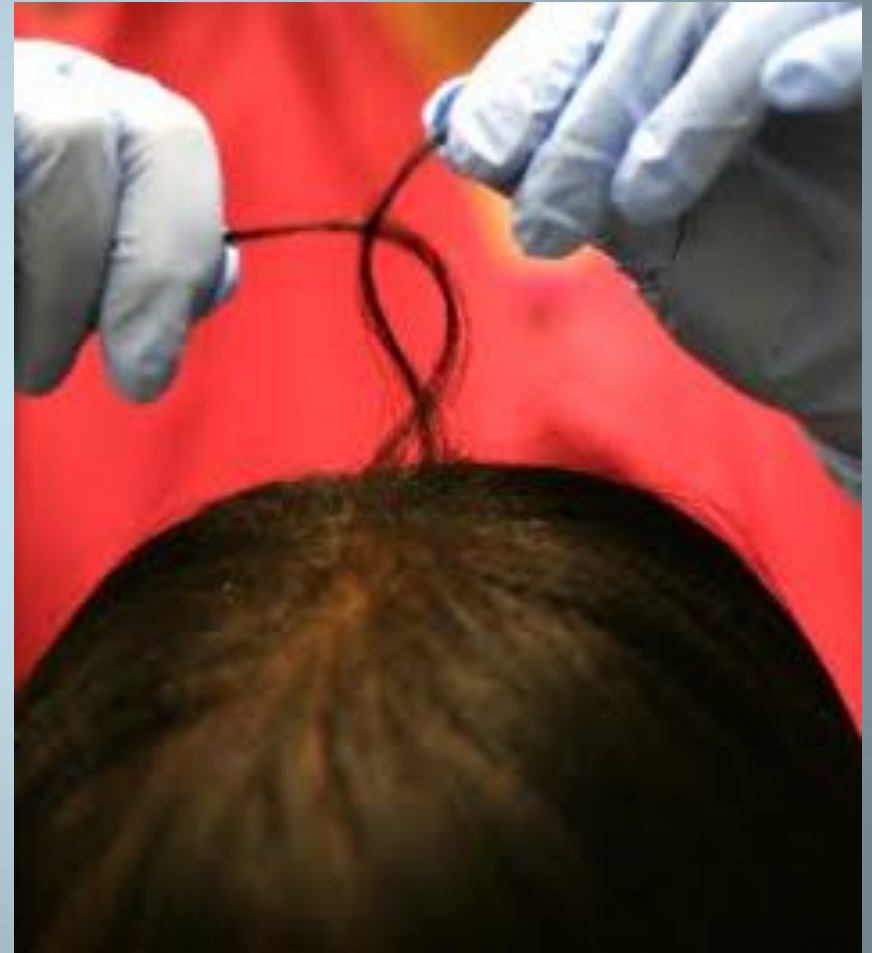
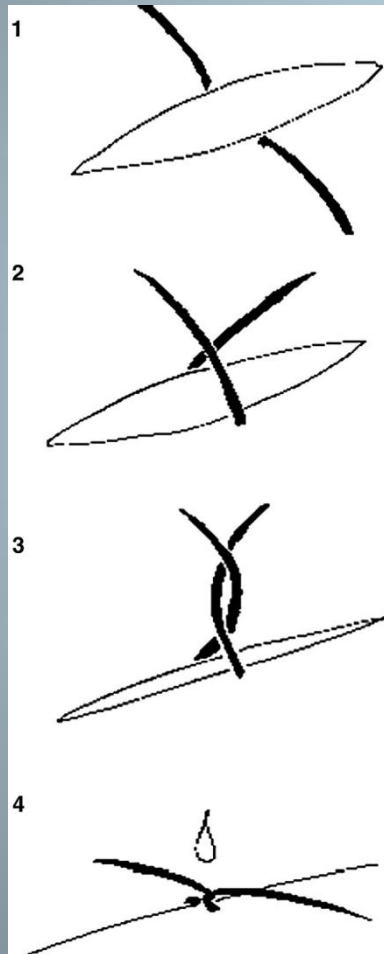


ENT/Eye tricks



Wound care tricks

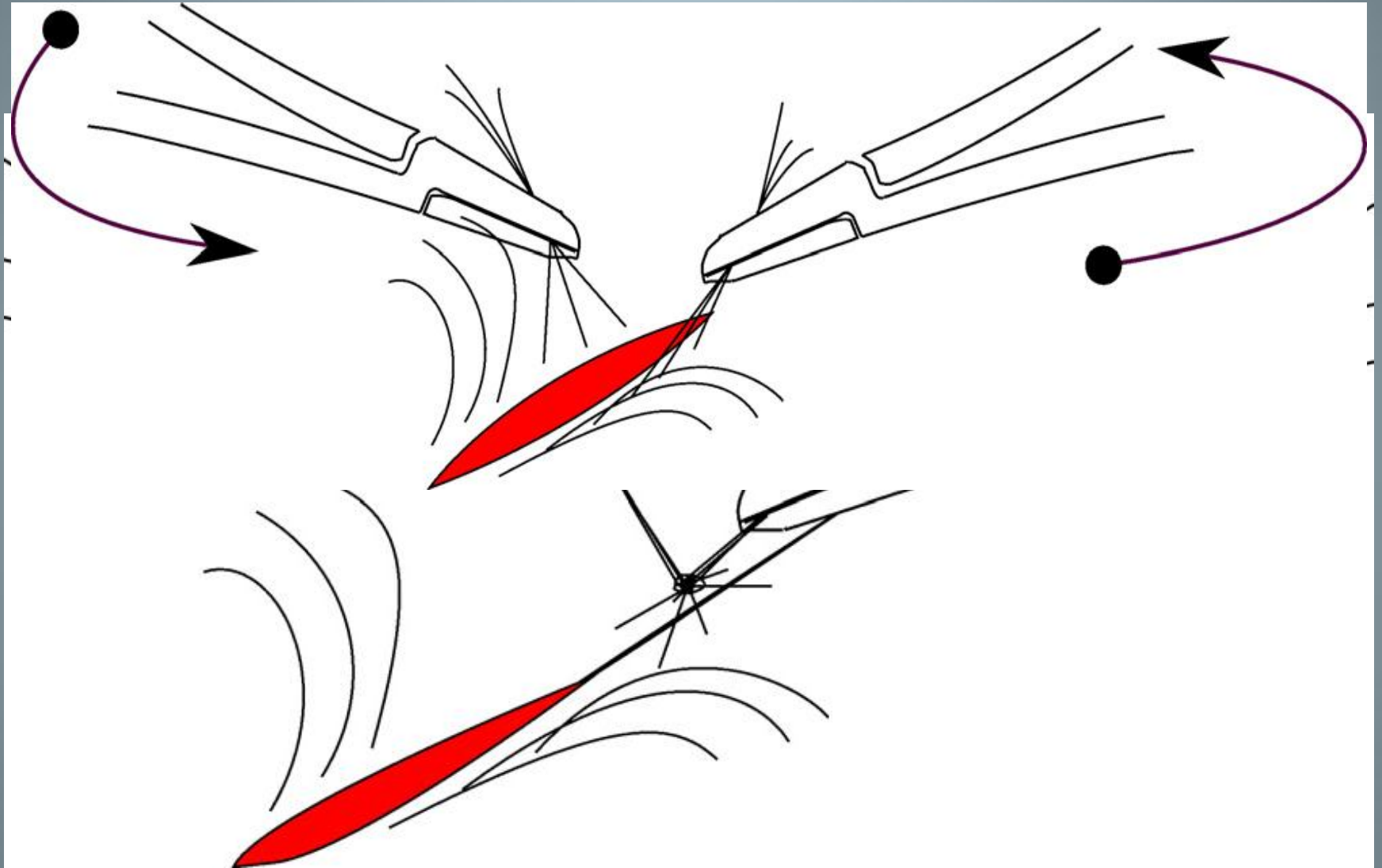
Hair apposition technique



Hair apposition technique



Modification for short hair



Single volar block for fingers



Tissue adhesives



To prevent runoff with glue



Steri-Strip™ oppose wound first

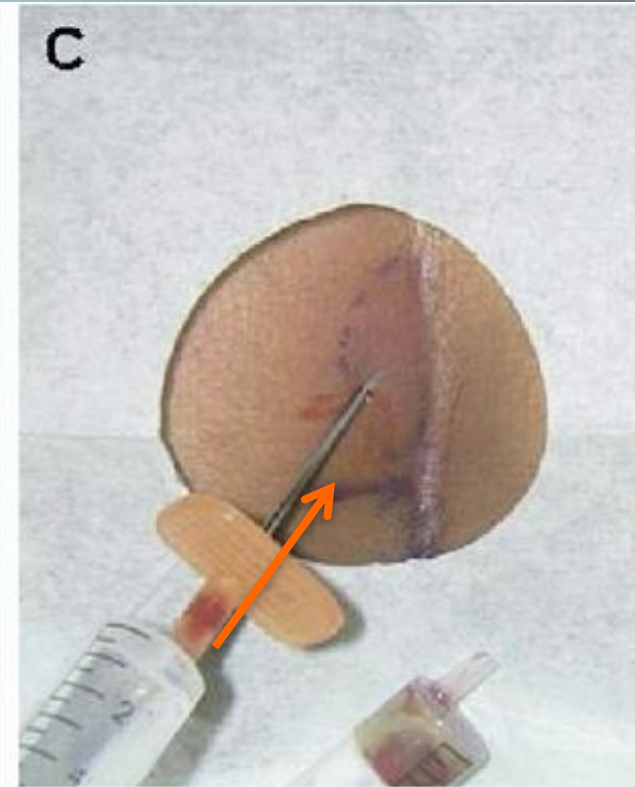
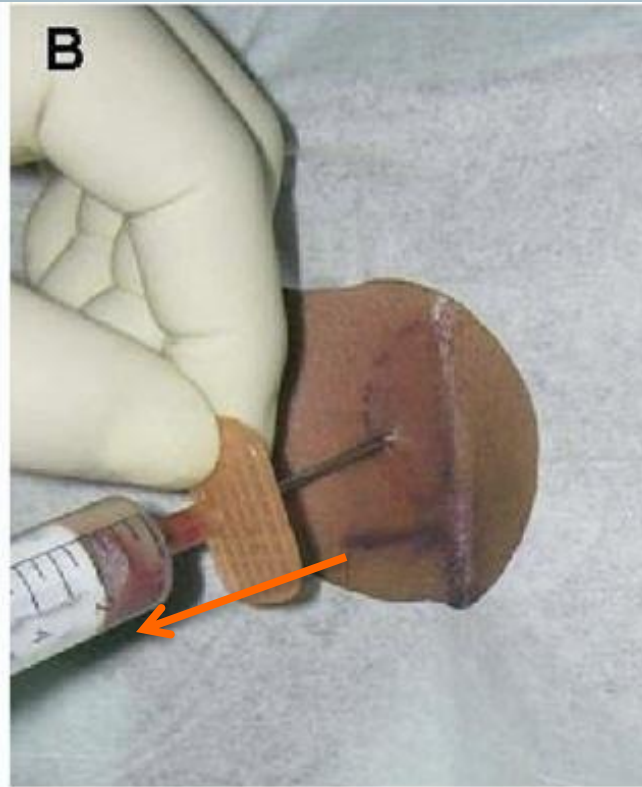


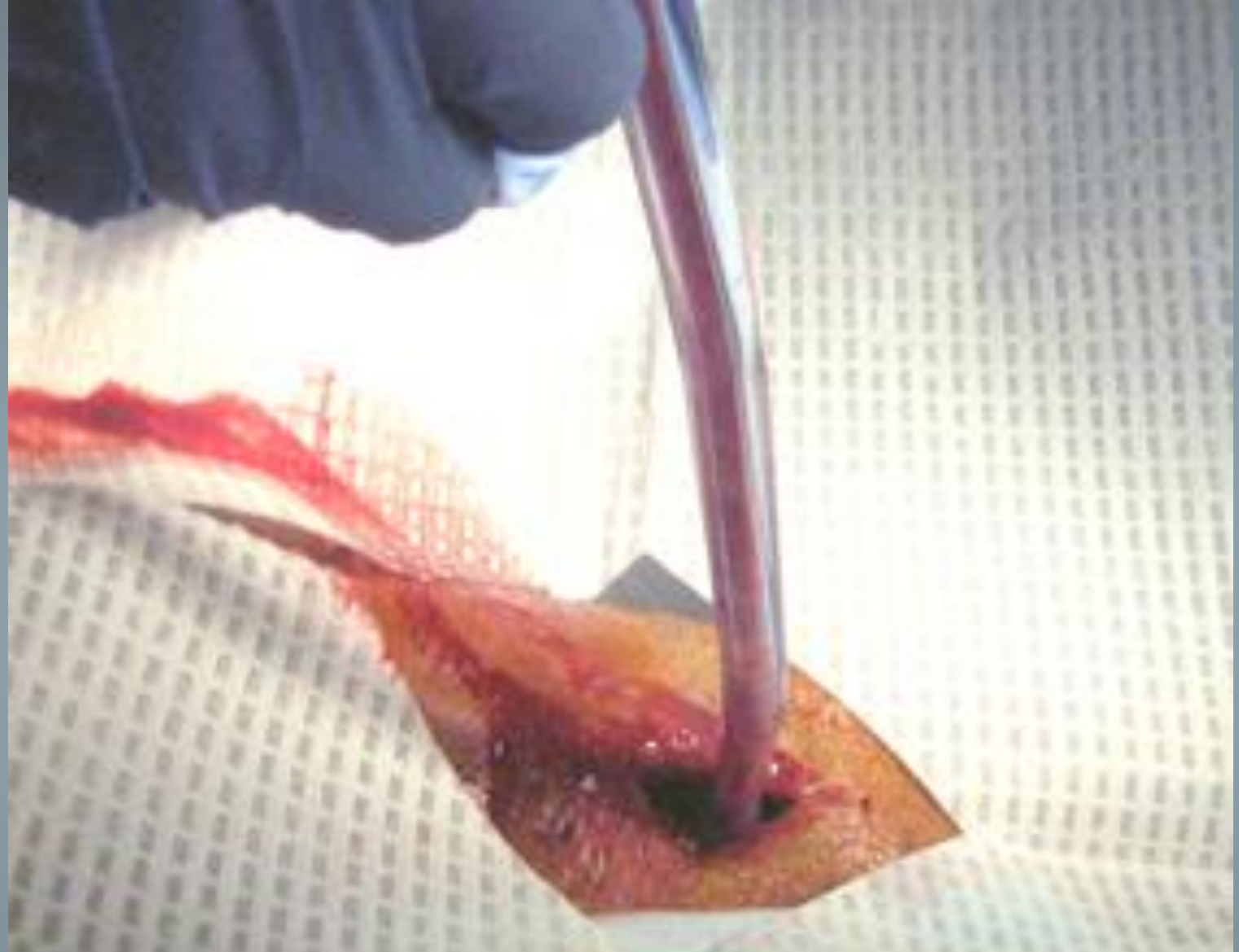
Abscess tricks



Photo Credit: Gregory Moran, M.D.

Aspirate 1st ↓ pain



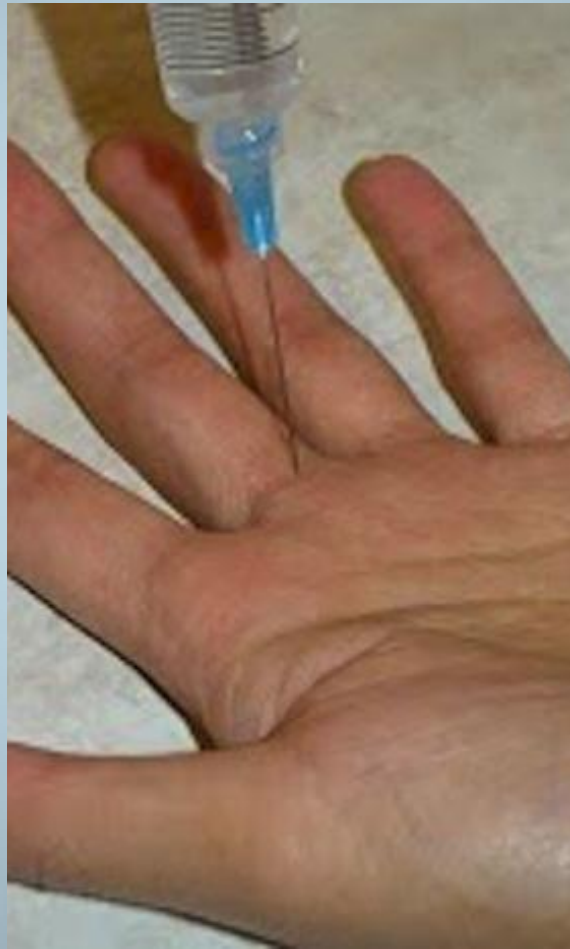
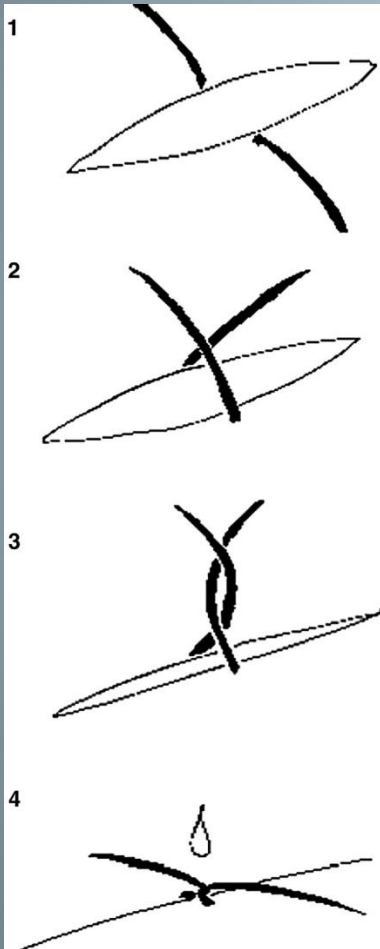


Suction helps control odor

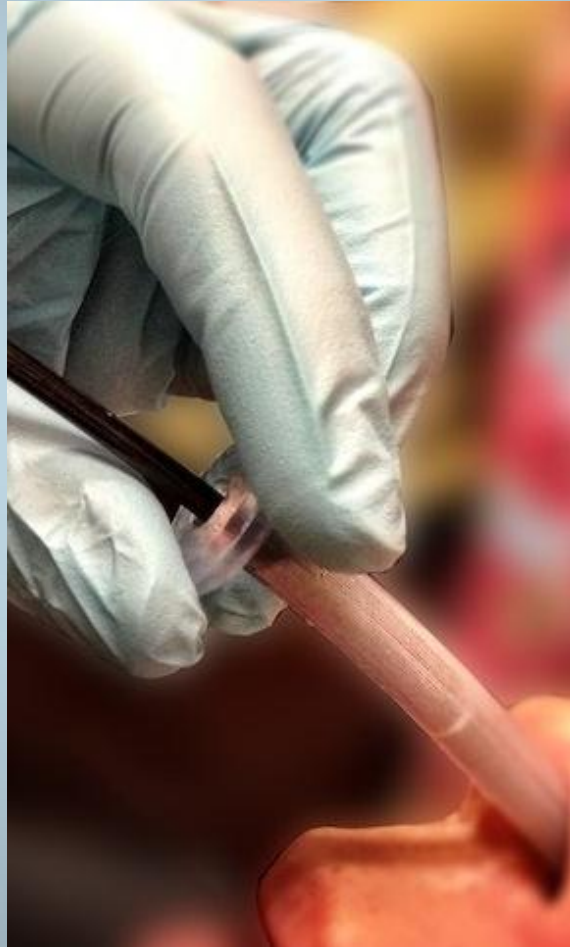
Loop



Wound Care tricks



ENT/Eye tricks



Critical care tricks

